



NSW Health RTO student, Stella Cox awarded 2022 NSW VET in Schools Student of the Year at the NSW Training Awards.

# AWARD SUCCESS FOR NSW HEALTH RTO STUDENT

Stella Cox has won the 2022 NSW VET in Schools Student of the Year Award at the NSW Training Awards. Stella completed a Certificate III in Health Services Assistance through the NSW Health Registered Training Organisation (NSW Health RTO) at Sydney Local Health District (SLHD)'s Centre for Education and Workforce Development (CEWD).

The two-year VET in Schools program allows Year 11 and 12 students to learn basic healthcare skills and receive on-the-job training during clinical placements with NSW Health facilities. Stella received her training from Nurse Educator Fiona Oulis and completed her clinical placements at Concord Hospital. Upon graduation, our VET in Schools students are qualified to work as either an Assistant in Nursing (AIN) or an Allied Health Assistant (AHA), often while going on to do further study.

One career path open to these students is to complete a two-year Diploma of Nursing which is offered through the NSW Health RTO at SLHD and South Western Sydney Local Health District.

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### METROPOLITAN ACCESS SCHOLARSHIP NOW OPEN

The Metropolitan Access Scholarship (MAS) aims to support rural trainees to obtain a diverse training experience by ensuring trainees gain access to specialist terms not offered in rural or regional centres while expanding their professional network. The Metropolitan Access Scholarships are available to eligible NSW rural vocational, non-specialist doctors (Senior Resident Medical Officers or trainees working in unaccredited training positions) and Rural Preferential Recruitment Program PGY1/2 trainees who are relocating to undertake metropolitan training. Total scholarship funds are capped at \$12,000 over 12 months and provided pro rata based on the number of weeks of the metropolitan placement.

Applications intake for the Metropolitan Access Scholarship is open from Wednesday 12 October 2022 to Wednesday 2 November 2022. The next round of scholarships will open in March 2023 and will cover rotations for the 2023 clinical year.

### For more information go to:

https://www.heti.nsw.gov.au/Placements-Scholarships-Grants/scholarships-and-grants/ metropolitan-access-scholarships

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### RURAL RESEARCH CAPACITY BUILDING PROGRAM - FOCUS ON WESTERN NSW

Researchers from the HETI Rural Research Capacity Building Program (RRCBP) are being recognised for their success and contributions in Western NSW Local Health District. Three RRCBP participants have been nominated for the Western Health Research Network Emerging Researcher award:

- Danielle Allen's project exploring what enables NSW Health Emergency Department staff to treat and support domestic and family violence victims who have experienced non-fatal strangulation
- Stephen How's project on "Anthropomorphic 3D printed inhomogeneity thorax phantom slab for Stereotactic Ablative Body Radiotherapy commissioning and quality assurance"
- Rodney Hammond's project "Listening to Aboriginal men about their Radiation Therapy stories in Western NSW"

RRCBP Researchers are also being recognised in the Western NSW Allied Health Awards.

- Annette Shelley is a finalist for the Allied Health Professional of the Year award. Annette's research explored the role of dietary intervention and access to care for people with stage 3-4 chronic kidney disease living in a rural area.
- Lynette Bullen and Bec Davies have been nominated for the Allied Health Researcher of the Year award.
  - Lynette's research explored the beliefs that influence drug and alcohol clinicians when considering the referral of Aboriginal clients to involuntary drug and alcohol treatment in NSW. This research has been published in the Drug and Alcohol Review.
  - Bec Davies is undertaking a project on posttraumatic growth, cancer survivorship and experiences of living with treatment-related impairment.

The skills and experience gained through the RRCBP equip researchers to investigate rural issues and develop solutions for rural communities.

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# 15TH ANNUAL EMERGENCY MEDICINE TRAINEE CONFERENCE



Participants undertaking skills training in chest drain insertion.

The 15th Annual Emergency Medicine Trainee Conference was held on Friday 7 October 2022 at Noah's on the Beach in Newcastle. The Conference was hosted by Network 4 of the Emergency Medicine Network Training Program and was made up of a series of skills station workshops and interactive sessions led by 18 subject matter experts.

Workshops covered toxicology, rural trauma, paediatric analgesia, chest drain insertion, getting a Fellowship of Australasian College Emergency Medicine [consultant] job, critical care cases, advanced suturing and culminated in an interactive post-workshop quiz. Forty-four Emergency Medicine trainees registered for the event, of which 12 were in the advanced stages of their training.

While a majority of the registrants were based at Hunter New England Local Health District, there were several attending from Central Coast Local Health District and Western Sydney Local Health District.

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### AN EDUCATION PARTNERSHIP MAKING A REAL DIFFERENCE TO BOTH PATIENT EXPERIENCE AND THE HEALTH SYSTEM

The allied health team at HETI and the NSW Health Guardianship Relationship Manager from *Whole of Health Program* have been providing guardianship training opportunities across the state, both virtually and in person since 2017. In 2022 (up until October), 215 multidisciplinary staff from across NSW Health attended guardianship application training in an online format and 162 in face-to-face workshops.

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This training is part of a larger project to address the patient discharge delays experienced by NSW Health, while waiting for the guardianship application and decision process.

This education partnership has been identified as a key success factor in bringing about this change. The guardianship division of NSW Civil and Administrative Tribunal (NCAT) have reported that they are seeing a better quality of reports submitted following the roll out of the training. Prior to the introduction of guardianship training one of the delays identified was the need for reports to be resubmitted due to lack of required information.

Training participants have reported that the training has improved their knowledge, awareness and confidence in the area of guardianship applications. Key learnings gained included the benefits of a multidisciplinary approach and the tools available to assist in making decisions about the need for a guardianship application, a team approach to capacity assessment and how to write a good guardianship report.

Some comments about elements of the training the participants found most useful include:

Understanding how to break down 'capacity' and determine whether application to NCAT is necessary

How to properly structure guardianship report and providing a solid recommendation. Exploring capacity within the multidisciplinary team

... the decision tree - great way to get team involved in the process

General comments include:

I will ensure that clients are included in capacity discussions always, also ensure that guardianship applications are required only when a decision needs to be made at the time.

I am more confident in having discussions on whether our team need to consider guardianship or not. I did enjoy this education session as a very sensitive area covered well with resources and practical examples

Wonderful training - thank you so much for this excellent training opportunity - good mix of examples of cases and resources, templates, and support for us as clinicians

This training continues to be offered both in person and virtually across NSW.

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# UPSKILLING NSW HEALTH PROFESSIONALS IN GENOMICS



HETI's The Centre for Genetics Education, in collaboration with Ministry of Health, awarded 25 scholarships for NSW Health staff to participate in the UNSW Practical Medical Genomics short course. The course was awarded to candidates across medical, nursing, allied health and research disciplines who demonstrated through an expression of interest process their strong interest in genomics, applicability of course content to clinical practice and ability to share learnings with peers. The scholarships play an important role in upskilling our workforce and are aligned with the NSW Health Genomics Strategy to provide professional development opportunities to improve the genetic literacy of NSW Health staff.

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### HETI STAFF PROFILE

**EDWINA** | A GENETIC COUNSELLOR WHO DEVELOPS GENETICS EDUCATION PROGRAMS

Edwina Middleton, Program Lead (General Education), Centre for Genetics Education, is an education genetic counsellor by profession. She has been working in the field of clinical genetics since 2006, starting as a clinical genetic counsellor in NSW and interstate until moving into an education role in early 2018.



Edwina loves the variety that genetics education presents. "It is a terrific area to work in with interesting challenges: genomic technologies are advancing rapidly; testing is increasingly being ordered outside of traditional clinical genetics settings by other specialist health professionals and patients are very diverse with differing needs." Edwina's goal is to create education for health professionals which results in improved care. Some of Edwina's work includes creating resources explaining ribonucleic acid (RNA) testing and splicing variants (RNA sometimes provides answers when DNA does not) as well as creating consent resources and contributing to the development of new consent forms for NSW.

In her spare time, Edwina enjoys bushwalks with husband Tim and 6 year old daughter Olivia as well as kayaking and spending time with friends.

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## MY HEALTH LEARNING

### **NEW AND REVISED RESOURCES:**

TITLE	COURSE CODE
WHS and Community Staff Safety	434594949
Using the Patient Transport Service (PTS) (Refreshed)	158628301
Safe Use of Opioids (Refreshed)	267525641
Safe Use of Anticoagulants (Refreshed)	237965997
Respiratory Protection Program RPP: Beard Cover Technique	439593323
Procedural Conscious Sedation	436493037
Patient Controlled Analgesia (PCA) for Adults (Refreshed)	40063903
On-line Anatomy Library (Refreshed)	388647597
BloodSafe: Obstetric - RhD Immunoglobulin	441128931
Bloodsafe: Acute Care and Surgical - Preoperative Bleeding Risk Assessment	441123102

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