

# NSW RURAL GENERALIST MEDICAL TRAINING PROGRAM

## OBSTETRIC PATHWAY

### What is the NSW Rural Generalist Medical Training Program?

The NSW Rural Generalist Medical Training Program is for doctors who join General Practice (GP) Training and wish to obtain an advanced skill in a medical discipline. The Program is integrated with the GP training pathway and is generally up to four (4) years in duration (depending on the year of entry).

The Program aims to provide junior doctors with a supported training pathway to a career as a rural generalist providing primary care in the rural general practice setting, and an advanced skill for the benefit of their rural community.

The Program is managed by the Health Education and Training Institute.

The Program includes a foundation year (which may be in either a hospital setting or in general practice), a year of advanced skills training and up to two years of support to consolidate advanced skills while training in a rural or remote general practice.

### Rural Generalist Obstetric Pathway

Many women and their families live outside of large cities and towns in NSW. Most will wish to have their pregnancy and a safe birth managed as close to home as possible.

The Rural Generalist Obstetric Pathway aims to increase the number of GPs with advanced skills in Obstetrics who may work in rural hospitals, and provide services for rural and remote communities.

Advanced skills training in Obstetrics leads to an Advanced Diploma of Obstetrics and Gynaecology (DRANZCOG Advanced).



The Program provides orientation and learning opportunities, exposure to clinical experiences in regional and rural obstetric care settings and supervision by expert Obstetrics and Gynaecology specialists and Rural Generalist mentors.

### Rural Generalist Obstetric Training

Training will be determined by the services in the training location, while allowing for flexibility in training experiences. A trainee may undertake obstetric learning opportunities including inpatient care, on call or after-hours services.

Some Obstetric training sites are more suitable for trainees who are PGY4 or above and in this case may have completed a year of general practice or emergency medicine training prior to undertaking Obstetric training.

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#### Pre-requirement for Advanced Skills Training

During the Rural Generalist Foundation Year trainees are not required to be enrolled on a general practice training pathway. However trainees must have made application or be enrolled prior to being considered for Advanced Skills Training.

Proof of enrolment is required prior to commencement of the Advanced Skills Training Year. The trainee needs to show proof of enrolment with their GP College. In addition Royal Australian College of General Practitioners (RACGP) trainees need to show enrolment in the Fellowship of Advanced Rural General Practice (FARGP). Trainees must also be enrolled in a training scheme, either:

**A) Australian General Practice Training (AGPT)**

**AGPT**

Note: If enrolled in the AGPT, trainees are required to be enrolled with GP Synergy in NSW. Further details may be accessed at: [gpsynergy.com.au](http://gpsynergy.com.au)

**B) Remote Vocational Training Scheme (RVTS) [rvts.org.au](http://rvts.org.au)**

OR

**C) Australian College of Rural and Remote Medicine (ACRRM) Independent Pathway. [acrrm.org.au](http://acrrm.org.au)**

#### Obstetric Curricula

Trainees undertaking the advanced skills year on the Rural Generalist Obstetrics Pathway will undertake the Advanced Diploma of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (DRANZCOG). This curriculum is developed by the Conjoint Committee for the Diploma of Obstetrics and Gynaecology (CCDOG) comprising representatives from the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG), the Royal Australian College of General Practitioners (RACGP) and ACRRM.

**RANZCOG Certificate of Women's Health, DRANZCOG and DRANZCOG Advanced**

**Curricula available at: [ranzco.org.au](http://ranzco.org.au)**

Over the four-year program trainees will also follow their appropriate College curriculum for the pathway. It is recommended trainees seek advice from their respective general practice college regarding the relevant curriculum and training for their proposed Fellowship.

Further information available at:

**RACGP: [racgp.org.au](http://racgp.org.au)**

**ACRRM: [acrrm.org.au](http://acrrm.org.au)**

#### Locations for Training

Training on the Obstetric Pathway will be undertaken in regional and rural NSW Health facilities accredited by the CCDOG.

Locations for Advanced Skills Training are determined each year in consultation with rural local health districts and are dependent on availability and vacancies. The Health Education and Training Institute cannot guarantee a specific post will be available.

#### How do I Apply?

**Entry to Program:** Recruitment to the Program is conducted annually. Applications for the Rural Generalist Foundation Year open mid-September each year. For information on dates and to register for updates, visit the Program website: [heti.nsw.gov.au/rgtp](http://heti.nsw.gov.au/rgtp)

**Subsequent vacant posts:** Rural Generalist Foundation Year trainees are allocated to advanced skills training positions in June each year. Vacant posts available following the Rural Generalist Foundation Year allocation are advertised for eligible general practice trainees through the NSW Junior Medical Officer Recruitment Campaign opening in late July. See [health.nsw.gov.au](http://health.nsw.gov.au)

Note: the information in this brochure is in regard to the NSW Rural Generalist Medical Training Program. For information on all other aspects of GP training please refer to the respective college or training organisation.