

JMO FORUM NSW:

FORUM 4 2021 HIGHLIGHTS

*Sharing innovations.
Empowering careers.*



HEALTH
EDUCATION
& TRAINING

CHAIR'S WELCOME DR. TAMBLYN DEVOY

The fourth and final NSW JMO Forum was held on 19 November 2021. Despite all the challenges it has been a very productive year. The Forum's accomplishments included three project presentations and a poster presentation at the virtual Australian New Zealand Prevocational Medical Education Forum held from New Zealand. This was a fantastic opportunity for our representatives to present their work and share ideas from within NSW.



We were very grateful to have Dr. Kiran Lele, the co-founder and Deputy Director of the Professional Support Unit (specialist mental health service for doctors and medical students in Western Sydney) and a Psychiatrist from Westmead Hospital present at the final Forum.

Dr. Lele spoke about the mental health struggles within the medical space and provided a helpful list of resources available for Junior Medical Officers should they need support. You can find some of these at the end of these highlights.

Dr. Aaron Tan returned to the Forum for an update on the HETI 5-minute Journal Club which aims to provide teaching. The HETI education program has undergone a significant change from an online lecture series to the current 5-minute Journal Club. The feedback was overwhelmingly positive for the new changes as it provides short, concise, and reliable overviews that can be translated to clinical practice in a 1-page summary/graph.

The Forum welcomed Associated Professor John Vassiliadis, the new Chair of the Prevocational Training Council (PvTC) and his support to the News from the Network session and the Forum representatives.

Finally, this final Forum concludes my time with the NSW JMO Forum as Chair. I would like to thank the PvTC and all the staff at HETI who support my role. I want to thank my colleagues on the Forum for a very successful year with great ideas and innovations during 2021. I wish Dr. Helena Qian all the best as the incoming Chair for 2022.

T. Devoy



EXECUTIVE CORNER
DR. AMNA SAADI
EXECUTIVE, JMO WELFARE PORTFOLIO



As the year wraps up with yet another incredible JMO forum, we were all able to reflect on what we achieved in 2021. As a group, the NSWJMO Forum Representatives have been lucky enough to get together to share ideas, better understand the complexities of our workplaces and connect with each other as Junior Medical Officers from across the state. I have taken some incredible ideas from these forums back to my network and I feel so proud to have been a part of a platform that continues to improve how JMOs around the state work and thrive.

Dr Lele’s talk at this forum underscored the serious issue of JMO Wellbeing, a topic that is close to my heart and that my team aimed to explore through our project. At this forum, we shared the presentation that was delivered at the ANZPMEF conference, and showcased the work that the Welfare project group undertook to examine current JMO Wellbeing Initiatives from the perspective of the end-user (i.e. you and me!). The second phase of this project will be complete before the new year and should help to shape future Wellbeing/Welfare initiatives to come.

Thank you to the incredible HETI team, the other members of the Executive, our spectacular Chair Dr Devoy and all the NSW JMO Forum Representatives for making 2021 such a productive and supportive year. I can’t wait to see what you all do in the future.

The new JMO Welfare executive for 2022 is Dr. Elouise McLean.

DR. LISA MORGAN
EXECUTIVE, PREVOCATIONAL ACCREDITATION
PORTFOLIO



And just like that, the fourth and final JMO Forum for 2021 has been and gone!

A highlight of this Forum was welcoming our new PvTC Chair, A/Prof John Vassiliadis, who will be carrying on the great work of the outgoing chair Dr James Edwards. It’s going to be an exciting year ahead.

As a cohort we shared the successes and challenges of the year that it was. Common themes discussed by network representatives including challenges around COVID rostering, widespread workforce shortages and on a positive note, the COVID safe resumption of many JMO teaching and social events.

Another highlight from Forum 4 was hearing from the other JMO representatives who, like myself, were fortunate to have attended the ANZPMEF virtual conference in October. This conference was a great opportunity to learn more about the successes and challenges faced by our Trans-Tasman medical colleagues. It was also wonderful to watch a few our fellow Executive and Forum members present their incredible projects from this year. Well done!



As the Accreditation Portfolio Executive, I have learned so much from both our leadership team and my fellow JMOs throughout the year. It has been an incredibly rewarding experience which I will take with me into the future. Thank you!

The new Prevocational Accreditation executive for 2022 is Dr. Tealyn Mayadunne.

DR. VINAY MURTHY

EXECUTIVE, JMO EDUCATION & TRAINING PORTFOLIO



The Forum for the year showcased the positive changes that can be engendered by a group of driven and passionate individuals.

This was seen on different fronts from the individual hospitals, networks and state-wide. At the very heart of the Forum is the opportunity for individuals with a vested interest in education and training to cross-pollinate their initiatives and solutions, engage in collaborative problem-solving with the intent to improve the education and wellbeing of junior doctors across New South Wales. Forum 4 was not short of this. Yet again, I am brimming with new ideas to implement in Network 4. A great achievement by HETI has been the development of the 5-minute Journal Club which has evolved over the year to become an invaluable tool for education, and I cannot wait to see how it progresses in the future.

Our project team looking at orientations and ROVERs had the privilege of attending the ANZPMEF conference where we presented a poster highlighting our findings including recommendations to optimise the orientation process. We are nearing the end of the project, with the second phase underway in which we will run focus groups with heads of departments to develop a guideline on orientations and ROVERs. Additionally, the emergency medicine education team have concluded our project which we presented at the Forum, outlining suggestions for supporting junior doctor learning in emergency medicine.

I would like to say thank you to both project teams for their engagement, creativity, and passion which were instrumental in meeting our objectives and improving the junior doctor experience – it was a pleasure to work with you. This gratitude extends to all the representatives in the Forum, and in particular our Chair, Dr Devoy, who has been an inspiration to work with. The past two years have been a wonderful experience for which I am thankful. I look forward to seeing how the Forum continues to flourish as a driver junior doctor education, training, and wellbeing.

The new Education & Training executive for 2022 is Dr. Elizabeth Wong.

DR. MATTHEW BOJANIC

EXECUTIVE, JMO WORKFORCE PORTFOLIO



Forum 4 presented an opportunity to reflect on our collective success as junior doctors in weathering the storm that was the surge in COVID-19 patients from July through November. Whilst the redeployment of JMOs over the last few months has been challenging within our hospitals, the general feedback was that it was necessary to ensure adequate staffing across all wards and improve infection control practices. Now, as we have an opportunity to take a deep breath and consider the benefits and issues with ward-based systems of care, I am hopeful that many lessons learned may be applied to ongoing rostering across the Networks.

The forum also presented an opportunity to highlight some of the issues that consistently arise during the final months of each year, namely short staffing due to JMOs leaving certain networks at the end of their PGY1 year. If anyone wishes to provide further feedback regarding this issue, please contact Matthew.Bojanic@health.nsw.gov.au

Overall, 2021 was a challenging, but rewarding year. I wish everyone all the best and look forward to continuing to work with the forum next year to continue to advocate for better support for junior doctors.

Dr. Matthew Bojanic will be continuing in his JMO Workforce position for 2022.

FORUM HIGHLIGHTS

SMO COVID SUPPORT

DR. ALEXANDER DUNN (PGY2 NETWORK 3 REPRESENTATIVE - CONCORD HOSPITAL)

In September the Concord Staff Specialists opened a shared account to raise money to help support the JMOs working in COVID affected areas of the hospital. In less than 1 week they raised more than \$9,000 and collected messages of support for the JMOs. This money was used to buy coffee and food for the JMOs in ED, ICU and on the COVID wards. This incredible demonstration of generosity was very touching and greatly appreciated by the JMOs.

ST GEORGE ANNUAL RESEARCH SYMPOSIUM

DR. KE SUN (PGY1 NETWORK 8 REPRESENTATIVE - ST GEORGE HOSPITAL)

For over 30 years, the St George and Sutherland Hospital Medical Research Symposium has been an annual flagship event in the South Eastern Sydney Local Health District that celebrates the incredible ground-breaking research being undertaken by students and staff. It is the largest educational and networking day in the health district, bringing together medical, nursing, and allied health staff as well as scientists from across the country.

We received more than 60 submissions from across the district with twelve accepted for 10-minute oral presentations, six accepted for 3-minute hot topic presentations and 34 virtual poster presentations. The submissions were received from a wide variety of backgrounds including UNSW medical students, junior and senior medical colleagues, as well as the wider nursing, allied health, and scientific community. Research topics also

covered a broad range of medical and surgical topics from inflammatory bowel disease, metabolic outcomes after pregnancy, to prognostic markers in breast cancer and predictors of post-operative outcomes after total hip replacement. There were also plentiful volumes of academic discourse occurring via the Zoom chat to stimulate attendees' engagement with the presentations.

Although the 2021 Symposium was conducted virtually over Zoom due to COVID-19 related restrictions, this did not dampen the program which featured keynote speakers including Professor Claire Wakefield who talked about her experience in building a meaningful research career in health, and Professor Susan Prescott's talk exploring the interconnections between human and planetary health. The day concluded with the announcement of research prize winners as well as announcement of the intern & resident of the year.

The symposium challenged our academic thinking and critical appraisal skills. It is a reminder to all of us that research is vital in informing our day-to-day clinical practice. Hopefully, next year it will return to an in-person format!

JMO FORUM 1: 18TH MARCH 2022

If you would like to reach out to NSW JMO Forum, a full list of representatives can be found on the website:

<https://www.heti.nsw.gov.au/education-and-training/courses-and-programs/prevocational-education/jmo-forum>

Alternatively, you can contact our generic email: HETI-JMOForum@health.nsw.gov.au



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