

SENIOR EXECUTIVE FORUM REPORT



Geraldine Rolton, Aboriginal Health Practitioner from Menindee Far West Local Health District, shares her knowledge in the newly released 'Health for Older Aboriginal People' resource.

HEALTH FOR OLDER ABORIGINAL PEOPLE

The health of older Aboriginal people, their families and communities are at the heart of a new resource developed by the Health Education and Training Institute (HETI), in collaboration with staff across NSW Health, extended networks, consumers and artists.

Released in April 2019, the new resource offers guidance on how to provide health services to meet the needs of older Aboriginal people and builds upon the learning principles in the Respecting the Difference training. It is through respect and understanding that clinicians can support older Aboriginal people to access healthcare to enable better health as they age.

Filmed across Sydney and Broken Hill, this interactive, two-part resource titled 'Health for Older Aboriginal People' provides information and practical advice that aims to:

- Develop person and family-centred models of care that are culturally safe in supporting older Aboriginal people, their families and communities;
- Redesign services that resolve access barriers to appropriate health services for older Aboriginal people, their families and communities; and
- Build respectful, trusting and effective partnerships between NSW Health and the Aboriginal Communities it serves.

"The resource incorporates cultural differences as told by Aboriginal people. It encourages participants to listen with respect to what is important to each patient in order to provide individualised care that is inclusive of their wishes.

This is how we should treat all people. I have been, and intend to continue, promoting this resource to all staff who attend the training I deliver."

Kristy Kendrigan, Training and Development Manager, Western Sydney LHD.

The resource was developed with District HETI's subject matter expert group, many of whom are Aboriginal clinicians and health care workers, as well as clinicians specialising in aged health, chronic complex care, palliative care, mental health and justice health. The group also included an Aboriginal Elder with extensive experience in local government policy development, a Local Health District Director of Aboriginal Health representing this statewide professional group, and a Chief Executive of an Aboriginal Medical Service.

→ Available in My Health Learning.

NEW: OLDER PEOPLE'S MENTAL HEALTH SCHOLARSHIPS



HETI is pleased to announce the creation of new scholarships that will support NSW Health professionals, peer workers and managers providing mental health services for older people and their families/carers. These scholarships have been funded by the Mental Health Branch of the NSW Ministry of Health.

The scholarships are designed to build Older People's Mental Health workforce capacity and capability across NSW, and support the implementation of the *NSW Strategic Framework and Workforce Plan for Mental Health, 2018-2022* and *NSW Older Persons Mental Health Service Plan 2017-2027*.

Scholarships up to the value of \$6800 are available for staff to enrol in units of HETI Higher Education's Graduate Certificate of Applied Mental Health Studies with specialisation in the Older Persons' lifespan.

Graduate Certificate units are practically oriented, including opportunities to connect with other health professionals and participate in streamed teaching sessions run by experts from the field.

→ **Contact:** Amanda.Kiellor@health.nsw.gov.au

Applications close: 14 June 2019

To apply: heti.nsw.gov.au/scholarships

For information about HETI Higher Education's Applied Mental Health Studies visit: heti.edu.au

JUMBUNNA WEBCAST SERIES 2019

Supporting Aboriginal Maternal, Child and Family Health

Talking and learning together

REGISTER
NOW

UNDERSTANDING FETAL ALCOHOL SPECTRUM DISORDER

On Wednesday 29 May, HETI's Training and Support Unit for Aboriginal Mothers, Babies and Children will present a webcast on Fetal Alcohol Spectrum Disorder. Fetal Alcohol Spectrum Disorder (FASD) is used to describe the lifelong neurodevelopmental and/or physical impairments caused by prenatal exposure to alcohol.

Our expert speaker is Professor Elizabeth Elliot, a distinguished Professor in Paediatrics and Child Health from the University of Sydney, Consultant Paediatrician at Sydney Children's Hospitals Network, and head of the NSW FASD Assessment Clinic. Elizabeth has over 20 years' experience in clinical services, research, advocacy and policy development regarding FASD in children and alcohol use in pregnancy.

Moving from 'knowing about' to 'understanding' FASD is essential to support prevention, diagnosis, early intervention and positive outcomes. The webcast will support participants to:

- Understand the consequences of prenatal alcohol exposure
- Recognise the importance of routine enquiry and advice about alcohol use during pregnancy, and referral when necessary
- Explore the role of health professionals in the recognition and diagnosis of FASD
- Identify strategies and resources to support Aboriginal women, children and families

→ **Contact:** Karen.Beattie1@health.nsw.gov.au

Register now: heti.nsw.gov.au/tsu

BUILDING RESEARCH CAPACITY IN RURAL NSW

Seventeen rural and remotely based NSW Health staff have been accepted into HETI's 2019 Rural Research Capacity Building Program. This two year experiential learning research education program is based around a capacity building framework.

Participants will travel from as far as Leeton, Tweed Heads, Armidale and Broken Hill to attend their first face-to-face workshop in Sydney in late May. There they will meet and be introduced to research methods and methodology by HETI's Program Managers David Schmidt and Kerith Duncanson, and teaching staff from the University of Sydney School of Rural Health.

The workshop will be the first of four face-to-face workshops, and will be supplemented by regular web-conferences. The RRCBP research education curriculum is matched to the progress of research projects and the skill and knowledge development of the novice researcher candidates.

Meanwhile, the 2017 RRCBP cohort are due to graduate at the NSW Rural Health and Research Congress to be held in Lismore in October.

→ **Contact:** David.Schmidt@health.nsw.gov.au or Kerith.Duncanson@health.nsw.gov.au

SISTER ALISON BUSH AO MOBILE SIMULATION CENTRE

Emergency Masterclass

The Mobile Simulation Centre is conducting a two day Emergency Masterclass at the Maclean District Hospital, 21 and 22 June. The Masterclass is for doctors, nurses and paramedics who care for critically ill or injured patients in rural or remote NSW.

Focusing on fostering inter-professional education and training, the Masterclass incorporates a mixture of didactic and discussion sessions, skill stations and immersive simulation scenarios utilising the Mobile Simulation Centre.

Particular focus is placed on the attainment and development of technical skills required in the care of critically ill patients, and also on the non-technical elements of care, including teamwork, communication, and crisis management.



The Emergency Masterclass is an accredited education program with both the Australian College of Rural and Remote Medicine (ACRRM) and the Royal Australian College of General Practitioners (RACGP),

Medical registrations are available for the June Masterclass however places for nursing and paramedical participants have now been filled.

→ **Contact:** Kat.Blake1@health.nsw.gov.au

HETI's popular Emergency Masterclass has been delivered in 18 locations since its inception in 2015, educating 232 doctors, nurses and paramedics.

Rural Maternity Care Course

The Mobile Simulation Centre is conducting two Rural Maternity Care Courses: 31 May to 1 June at the Milton Ulladulla Hospital; and 18 to 19 June at the Bellinger River District Hospital.

The courses are designed to assist NSW Health staff improve the management of pregnant and birthing women and their newborns in rural facilities that do not provide routine midwifery or obstetric care, until transfer for definitive care can be arranged. This inter-professional course combines face-to-face learning and simulation education.

Participants will develop skills around a structured patient assessment, escalating for advice and assistance, safe birthing, resuscitation and patient transfer.

This is an accredited education activity with the Royal Australian College of General Practitioners (RACGP), Australian College of Rural and Remote Medicine (ACRRM) and the Australian College of Nursing.

→ **Contact:** Kat.Blake1@health.nsw.gov.au



Call for Abstracts

Rural Health and Research Congress

Connecting Communities
16-18 OCTOBER 2019 • LISMORE, NSW

RURAL HEALTH AND RESEARCH CONGRESS

Abstract submissions are invited for workshops, oral and poster presentations at the 8th Rural Health and Research Congress to be held in Lismore from 16 – 18 October 2019.

The theme of this year's Congress, Connecting Communities, will come to life through six topic streams:

- Determinants of health – deeper insights
- The Rural Experience
- Productive Partnerships
- Our Rural Workforce – now and future
- Creativity – out of the box
- Futureproofing Rural Health

To find out more or to submit your abstract visit e-award.com.au/2019/ruralhealth

Abstract submissions close Friday 31 May.

SPONSORSHIP OPPORTUNITIES

Participating in this year's Congress as a partner or sponsor is a great way to show your commitment to and support for rural health.

Tailored sponsorship opportunities are available.

Contact: Catherine Helps 0467 781 244 or Isabella Mee 0420 636 757

2019 PREVOCATIONAL CONFERENCE – LAST DAYS TO REGISTER

6-7 June 2019, Sydney

Registrations for the 2019 Prevocational Conference - 'From Surviving to Thriving' - are open to NSW Health staff involved in the delivery of education, training and JMO wellbeing.

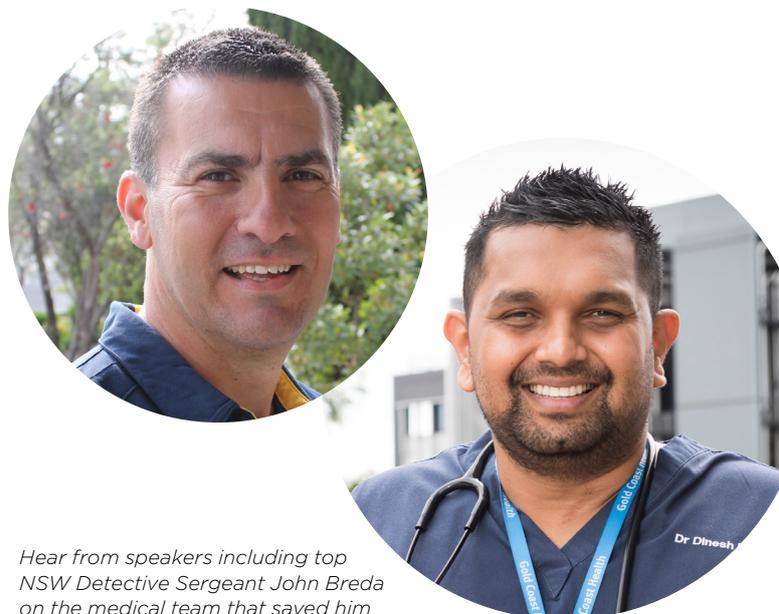
The inspiring two day Conference program covers:

- JMO education and innovation
- Barriers to wellbeing and coping strategies
- NSW JMO innovation and quality

Recipients of the 2019 Prevocational Training Awards will be announced, and the event will also include a celebration of 30 years since the first Postgraduate Medical Council in Australia was established.

Directors of Prevocational Education and Training, Prevocational Term Supervisors, JMO Managers, Education Support Officers and JMOs across NSW Health are invited to attend.

→ **Contact: Mandeep.Singh1@health.nsw.gov.au**



Hear from speakers including top NSW Detective Sergeant John Breda on the medical team that saved him from catastrophic injuries; and Dr Dinesh Palipana, the first quadriplegic medical intern in Queensland.

REGISTER NOW

prevocationalconference.com

GOLDEN SCALPEL GAMES GO INTERNATIONAL

An international edition of HETI's Golden Scalpel Games competition was held in early May in Bangkok, Thailand. The team-based event was made possible through a successful collaboration between HETI and the Royal Australasian College of Surgeons.

Five teams comprising medical students and trainees from across Australasia competed, with Singapore's two teams taking out first and second places and being rewarded with the International Golden Scalpel Games trophies.

Six clinical stations featured at the event:

- wound decontamination
- simple and complex suturing
- bowel anastomosis
- laparoscopic skills
- trauma (multiple injuries and burns), and
- simulated theatre.

The innovative trauma and simulated theatre stations sparked particular excitement amongst team members and examiners alike, with participants having to consent, prepare and drape a patient with severe burns for emergency surgery.

Feedback from participants, supervisors and examiners was overwhelmingly positive, with surgeons from across Australasia expressing interest in running the event in their own countries.

ABORIGINAL ALLIED HEALTH NETWORK - INAUGURAL FORUM

The inaugural Aboriginal Allied Health Forum was held on 8 May at the National Centre of Indigenous Excellence, located on Gadigal country in the Eora Nation.

Facilitated by Justin Noel, a Dhungutti man and principal consultant at Origin Communications Australia, the program provided participants with an opportunity to network and discuss support, education, cultural and career development needs.

The Forum was attended by 36 Aboriginal allied health professionals, assistants, technicians, cadets, mental health trainees and clinicians currently employed within NSW Health. Participants came from nine local health districts (HNELHD, MNCLHD, ISLHD, NBMLHD, SWSLHD, SLHD, WSLHD, SESLHD and MLHD) and three specialty health networks (SVHN, SCHN, JH&FMH).

The Forum is a collaboration between HETI, the Workforce Planning and Talent Development Branch of the NSW Ministry of Health, and Indigenous Allied Health Australia (IAHA).

The next Forum will be held on 13 November 2019.

→ **Contact:** Daniella.Pfeiffer@health.nsw.gov.au



Aspiring young surgeons from across Australasia compete in Bangkok at HETI's first international Golden Scalpel Games.

NEW APP TO SUPPORT RESILIENCE

HETI's Building Individual Resilience App is an exciting new resource designed to support staff to learn ways to 'bounce back' and respond positively and productively to challenge and change.

Developed in collaboration with the subject matter experts from LHDs and the NSW Ministry of Health, the App allows users to explore how resilient they are, and ways to handle challenges positively.

The app can now be downloaded from the Apple and Google Play stores:

- Apple: <https://itunes.apple.com/us/app/building-individual-resilience/id1457648116>
- Android: <https://play.google.com/store/apps/details?id=com.heti.resilience>



Katie Willey, Project Manager at HETI, tries out the new App on an iPhone; and Chitti Talluri, Digital Solutions Manager at HETI, with the App uploaded to iPad.

MY HEALTH LEARNING

New and revised resources:

Title	Course code
 End of Life Supportive Care (Rebuild)	239708075
 Health for Older Aboriginal People	238259398
 Radiology pathology - Multisystem Disease	240946701
 Health Literacy and Teach-back	241744958
 Waste management (rebuild)	39966595
 Digital Health & Data Use: Introduction (Module 1)	242084429
 Dysphagia: principles of care	244154720
 Health Equity and Social Determinants	242567952

→ Contact: Nina.Lord@health.nsw.gov.au

myhealthlearning.health.nsw.gov.au



WHERE INNOVATION DRIVES EXCELLENCE
IN EDUCATION AND TRAINING FOR
IMPROVED HEALTH OUTCOMES