



**Mode:** eModule



**Duration:** 40-60 mins



**Audience:** Mental health clinician

Other clinicians with a relevant role or interest can also complete.



# Assessment and formulation with a person who may be suicidal

This module introduces comprehensive mental health assessment and formulation with a person who may be suicidal.

A comprehensive mental health assessment considers more than risk, it understands the biopsychosocial factors which contribute to a person's distress and suicidality. A suicide prevention formulation considers the interaction of risk and protective factors, and how these factors may change over time. Together they inform treatment planning, care provision and risk minimisation (not risk prediction or risk stratification).

After completing this module you will be able to:

- Describe key elements of a comprehensive mental health assessment with a person who may be suicidal, and
- Identify key elements of a suicide prevention formulation which considers risk, protective and change factors.

This module was developed with funding from the Zero Suicides in Care initiative.



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