Self Evaluation and Reflection

TAEDEL301A - Element 4 (1)

San College of Education

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At the end of this session the learner will be able to...

1. Describe the benefits of self-evaluation and reflection in the learning environment

2. Critically analyse responses to events that have occurred in a learning environment to stimulate reflection and self-learning

3. Apply reflective learning’s as part of the role of a clinical supervisor
Clinical Supervision is.....

A support mechanism for practicing professionals to share:

• Clinical
• Organisational
• Developmental
• Emotional

Experiences.... *in order to enhance skills and knowledge*

*Mills, Francis and Bonner (2005 , p.4)*
Reflection is self development

“Reflective Practitioners” who scrutinise their taken-for-granted assumptions and mental routines, were able to self-correct and improve their professional skills – Rudolph et al. (2006)
Discussion: When do you reflect?
A Goal of self reflection is to highlight key learning factors:

• What have I learnt from the event / experience?

• How can I use this knowledge or competency?

• How will this change my thoughts and behaviours in the future?
Discussion Question: When do you review your performance in relation to instruction and demonstration….

✓ After an incident or complaint?
✓ At the end of the day?
✓ Prior / During / After a training course / session
✓ Evaluations / feedback forms
A definition of Critical thinking:

Critical thinking is that mode of thinking - about any subject, content, or problem - in which the thinker improves the quality of his or her thinking by skilfully analysing, assessing, and reconstructing it.

Outcome of critical analysis is: Changed Perspectives

How your critical analysis has changed your perspective:

• Emotional
• Cognitive
• Behaviours
The 5 R's (modified from Bain et.al 2002)

Reconstructing
Drawing conclusions and implications for present and/or future practice

Reasoning
Explaining the situation / issue terms of relevant theory and/or experience

Responding
Observations, feelings, questions about the situation / issue

Relating
Making connections between the situation / issue & experience, skills, knowledge & understanding

Reporting
A short descriptive account of a situation / issue
Before putting pen to paper, consider some questions:

- What was the learning situation or event?
- What thoughts / feelings did you have at that time?
- In what ways do I currently apply the things I have learnt?
- How will my new perspective assist my future practice?
Learning Activity:

Using Bain et al. (2002) reflect on an event that has occurred to you whilst on Clinical Supervision. Critically analyse your actions, thoughts and responses.

How can you use these new perspectives in relation to your existing knowledge?

(300 words / 1 page approx.)
Reference List:


Critical Thinking.org


Reference List - Visual Images:

http://2.bp.blogspot.com/-HDZLNoB3iJY/T_hTqOkEeUI/AAAAAAAAAu4/sQzHDnCU76w/s1600/Moon-cold-lake-reflections.jpg