

EVALUATION AND RESEARCH WEBCAST SERIES

How we can train for emotional resilience in workplace decision-making



Wednesday, 30 November 2022, 6:00pm – 7:00pm (AEDT)

OVERVIEW

We tend to think workplace decisions, particularly on important issues, are made on a rational basis. In reality, all decisions are shaped by the emotional responses of the decision-maker. Our emotions influence, skew or at times completely determine the outcome of a large number of decisions we make in a day.

The effect of emotion on decisions is often covert and can impact the decision and the decision maker in unseen and uncontrolled ways. If we want to make the best and most objective decisions, it is important to understand the impact of emotions and their influence on our decision-making.

Professor Rohan Walker will share insights on how we can train for emotional resilience in workplace decision-making and his work with The Australian Defence Force to create new training approaches for emotional resilience and stress management.

LEARNING OUTCOMES:

- Explain the positive and negative impacts on individuals and organisations when emotions influence decisions in unseen and uncontrolled ways
- Interpret the scope and nature of training systems designed to improve the ability of staff to understand and control the impact of emotions on decision making.

WHO SHOULD ATTEND?

All healthcare leaders, managers and decision-makers.

SPEAKER

Professor Walker is a psychologist by training and is the Director of the Centre for Advanced Training Systems based at the University of Newcastle. Rohan has served previously as the Assistant Dean of Innovation and Partnerships for Faculty of Health and Medicine and is currently the Deputy Head of School for Biomedical Sciences and Pharmacy for Partnerships.



Rohan has extensive experience in how complex environments interact with the psychological/cognitive domain to influence human performance. This includes work on and research into attention, memory, learning, stress, emotion, reasoning, planning, and decision making.

Rohan now specialises in training systems (strategy, architecture, infrastructure) directed towards enhancing the cognitive edge for staff operating in contested, uncertain, and complex environments, especially for the Defence and Security sectors.

FACILITATOR

Professor Balakrishnan (Kichu)

Nair brings significant experience in medical education through his roles as Director of Educational Research, HETI, Director of the Centre for Medical Professional Development, Hunter New England Health Service and Professor of Medicine and Associate Dean with the School of Medicine and Public Health at the University of Newcastle. Professor Nair is the editor-in-chief of HETI's journal, *Health Education in Practice*, that publishes results of research into, and evaluation of, practice-based education of the workforce in health, including discussions of theoretical issues related to health education.



WHEN & WHERE?

Wednesday 30 November 2022,
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Join us from anywhere! No fees, no travel. Delivered via webcast with facilitated question and answer time.

A recording of the webinar will be made available on the HETI website, [Evaluation and Research Webcast Series](#) page, for those who cannot attend the live presentation.

FREE REGISTRATION



Scan QR code or register here:

<https://www.eventbrite.com.au/e/how-we-can-train-emotional-resilience-in-workplace-decision-making-tickets-409651507687>

ENQUIRIES

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