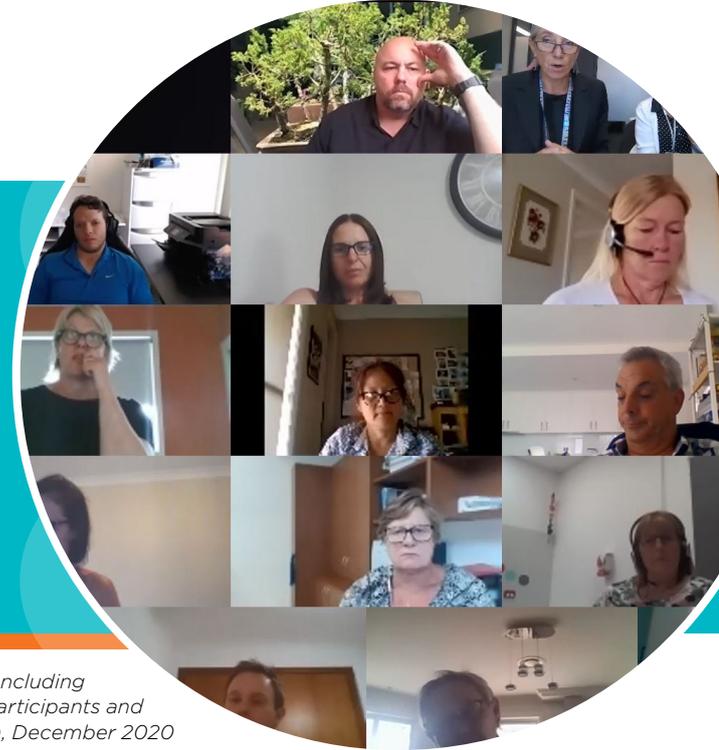


SENIOR EXECUTIVE FORUM REPORT



Workshop 7 - Theme: Concluding and Futuring. Program participants and faculty (HETI and MLHD), December 2020

MARRAMBIDYA - NSW HEALTH LEADERSHIP PROGRAM ENTERS SUSTAINABILITY

The first cohort of the multidisciplinary Marrambidya Leadership Program recently graduated, moving the program into its sustainability phase (the program launch is highlighted in the January 2020 edition).

This organisational development intervention promotes leadership capacity and capability at individual, team and organisational levels by “changing the conversation” to support better healthcare experiences and outcomes.

During 2020, 57 ‘change drivers’ collaborated to progress critical challenges facing the district, by applying concepts of adaptive, relational and collective leadership, as taught in the program. Initially face-to-face (Wagga and Griffith), workshops became virtual.

Guided by local executive sponsors and facilitators, participants grappled with the challenges of ‘Excellence Starts with Me’, ‘Improving consumer, family and carers’ experiences through person-led care: Working in partnership’, ‘Person-led communication for improved wellbeing’, and ‘Developing and

sustaining an engaged and healthy workforce through positive and effective leadership’. Progressing these systemic, conflictual challenges continues.

Multiple perspectives informed this leadership work, including voices of patients, families/ carers, and internal and external stakeholders. The program was actively supported by the Program Sponsor (Jill Ludford, Chief Executive, Board Chair (Gayle Murphy), Program Lead (Helen Emmerson), executive sponsors, steering group, facilitators, program co-ordinator (Troy Pietsch) and HETI faculty.

A finalist in the 2020 NSW Premier’s Awards.

“...I have become a lot more comfortable with accepting ambiguity and accepting that there may not always be an immediate solution.”
Program participant

“...teams are much more independent and confident to lead and participate”
Program participant

→ **Contact:** ruth.ward@health.nsw.gov.au

THE MANAGEMENT DEVELOPMENT VIRTUAL CLASSROOM SERIES

NSW Health is responding to support the communities of NSW during unprecedented times. In line with this response, HETI is progressively adapting its courses to continue to support health staff; strategically meeting local needs in formats that are flexible and easily accessible. The Management Development Virtual Classroom Series provides an opportunity to empower health staff to develop their management capability and a positive workplace culture in a live, on-line virtual environment. Start planning now for personal development in 2021; explore the courses available and log into My Health Learning to enrol!

“This course helped me understand the impact my own and others’ emotions have on situations in the workplace and how to manage those emotions to facilitate a positive outcome.” - Emotional Intelligence in Practice, November 2020

“The workshop was informative and thought provoking. An essential in the management toolkit.” - Positively Resolving Workplace Conflict November 2020

“Very enjoyable and insightful, fantastic to meet with and discuss leadership with others across the organisation” - CORE Chat for Managers November 2020

→ **Contact:** louise.chick@health.nsw.gov.au

EMERGENCY MEDICINE EXAM PREPARATION WORKSHOPS

The Emergency Medicine (EM) Trainee Wellbeing Subcommittee recently coordinated exam preparation workshops for the benefit of Emergency Medicine Trainees. Primary Exam Preparation and Fellowship Exam Preparation workshops were held via Zoom on 30 November and 2 December respectively. HETI Medical Portfolio provided administrative and technical assistance to facilitate the smooth running of both workshops.

Dr Jennifer Davidson, Chair of the EM Trainee Wellbeing Subcommittee, in collaboration with trainee subcommittee members, Dr Shreyas Iyer and Dr Sophie Hawkins, engaged experienced examiners and trainers to present at each workshop and to participate in question and answer (Q&A) sessions. The presenters covered topics such as useful study resources, changes to exam format due to COVID and advice on what examiners look for when marking exams. Each workshop included tips from candidates with recent exam experience and Q&A sessions with presenters and candidates.

Both workshops were well attended, with 52 trainees attending the Primary Exam Preparation Workshop and 76 trainees attending the Fellowship Exam Preparation Workshop. Evaluations from each workshop indicate that the presentations and Q&A sessions were very beneficial to attendees and the initiative was much appreciated. The following feedback from the Fellowship Exam Preparation Workshop summarises the value of such workshops:

Good insight into how to prepare and “everyone prepares differently” approach. Great to hear from people who have not passed first time and how they managed to overcome this and pass round 2! Also, great to hear from people who had kids etc and discussion around the massive impact this has on the people around you. THANKS TEAM THIS WAS EXCELLENT!!

→ **Contact:** Anne.Ndaba@health.nsw.gov.au

EXTEND YOUR MENTAL HEALTH CAPABILITIES IN 2021 WITH HETI HIGHER EDUCATION

Looking for a mental health higher education course to expand your skills or to explore professional development that focuses on an area of interest in mental health? Make 2021 the year you extend your mental health capabilities- a commitment that matters more than ever.

HETI Higher Education offers innovative and engaging courses entirely online, with the opportunity to link into professional networks. These options are for health professionals building their clinical skills and for non-clinicians who want to develop their mental health understanding.

The supportive learning environment at HETI Higher Education provides students with access to the knowledge and insights of leading educational experts and practitioners who bring real life workplace perspectives on mental health.

Our **Applied Mental Health Studies** courses offers you the chance to learn alongside a range of interdisciplinary learners including mental health practitioners and others. Our learners are supported through flexible and stimulating online study. Life stage specialisations are available, see site for details.

HETI is also launching its **Professional Development units** in 2021. Engagement can be with standalone learning or may also be used for stackable credits towards the Applied Mental Health Studies courses. Explore this on the **HETI Higher Education site** to see what a difference this learning could mean for you.

In 2021 HETI will be offering its Graduate Certificate in Applied Mental Health Studies as a Commonwealth subsidised full-time option with specialisations in adult and perinatal and infant available in semester one, 2021.

Psychiatry trainees, GPs and Rural and Remote specialists with a passion for improving mental health and wellbeing are invited to apply for **Psychiatric Medicine** postgraduate study.

Get in touch with the HETI team by emailing **support@heti.edu.au** to explore options for 2021- admissions open now.

→ **Contact: Rhonda.Loftus@health.nsw.gov.au**

WHERE INNOVATION DRIVES EXCELLENCE
IN EDUCATION AND TRAINING FOR
IMPROVED HEALTH OUTCOMES