

# HETI SENIOR EXECUTIVE FORUM REPORT

SEPTEMBER 2024

## SIMULATION ON THE MOVE: THE CENTRE FOR RURAL SIMULATION IN ACTION

We are excited to announce that the Centre for Rural Simulation has education planned for the 2024/2025 financial year. Our focus, on strengthening and expanding simulation-based education throughout rural and remote NSW, will enhance the quality of healthcare training in rural and remote areas.

The Centre for Rural Simulation partners with LHDs and SHNs to plan and deliver impactful simulation activities, ensuring healthcare professionals in rural and remote areas have access to development opportunities to increase skills and confidence for exceptional patient care.

Simulation offers clinicians a safe environment to practice and refine skills, enhance decision-making, strengthen communication and build teamwork.

*"This was so good, and I have learned so much. It has helped me feel more confident as a CNE as a whole!"*

*- Simulation Fun-da-mantals Participant*

### RURAL MOBILE SIMULATION CENTRE: CUSTOM-DESIGNED EDUCATION PROGRAMS

The Sister Alison Bush Mobile Simulation Centre is a cornerstone of our rural education efforts, providing tailored programs in collaboration with local health services. These programs are designed to address the specific learning needs of healthcare teams and reflect the unique operational requirements of each service.



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### SIMULATION FUNDAMENTALS: BUILDING EDUCATOR EXPERTISE

The Simulation Fun-da-mentals program provides current and aspiring clinical educators with foundational knowledge and skills to deliver safe and effective simulation-based education (SBE).

Simulation Fun-da-mentals equips educators with the knowledge and confidence to create safe learning environments, apply simulation methodologies, plan effective activities, and practice debriefing techniques.

### EMERGENCY MASTERCLASS: ENHANCING CRITICAL CARE IN RURAL SETTINGS

The Emergency Masterclass is a specialised 2-day program designed for rural and remote critical care clinicians. This program focuses on the care of critically ill and injured patients, with a particular emphasis on interprofessional teamwork. Doctors, paramedics, and nurses collaborate in scenarios that reflect their everyday environments, honing their skills in realistic situations.

The Emergency Masterclass is highly valued and offered to health facilities throughout rural and remote NSW, with upcoming sessions planned in HNELHD, MLHD and WNSWLHD.

*I think everyone who works in country areas should do this course. It's so good to work together as one team."*  
*- Emergency Masterclass Participant*

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## NEW ELEARNING MODULE: SCREENING TESTS FOR GENETIC CONDITIONS BEFORE AND DURING PREGNANCY



Decisions about screening for genetic conditions before and during pregnancy are numerous, complex and emotional. This practical and interactive module supports clinicians caring for pregnant and family planning patients to make informed and empowered decisions about screening. Clinicians will learn to:

- Offer accurate and comprehensive information about available screening tests
- Identify potential advantages and limitations of tests available before and/or during pregnancy
- Support patients with 'increased chance' results to understand their options

The primary audience for this learning is:

- obstetricians
- midwives
- general practitioners
- anyone working in antenatal services that is interested in learning more about genetic screening before or during pregnancy.

**MHL Course code: 538002815**

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## LEADERSHIP QUARTER

HETI's Leadership Quarter event, on July 24, was the third event on the topic of 'Leadership and Wellbeing', specifically exploring the notion of 'Agency – Cultivating freedom to act whilst maintaining good governance'. Over 300 leaders across NSW Health attended online to hear contributions from Gamilaroi woman, Chief Executive NSW State Insurance Regulatory Authority, Mandy Young and leadership author, Fleur Heazlewood.

Ms Young provided a refreshing perspective of how she empowers her staff through removing barriers, encouraging open communication, and protecting teams from unnecessary bureaucracy from above. Ms Heazlewood explored evidence to support the connection between maintaining staff wellbeing and high performance and offered a job crafting tool to support staff agency. One participant noted: "I've found this an opportunity to try new leadership skills, I'm going to encourage greater autonomy in staff by enabling them to step out of their comfort zones and be more creative and innovative".

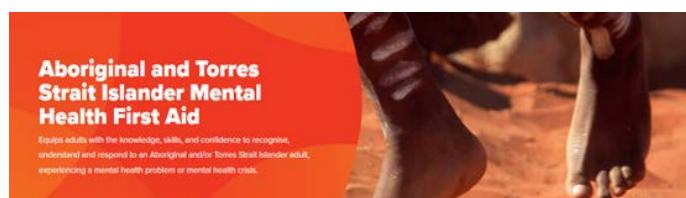
The event provided a valuable opportunity for participants to explore what agency can look like in their roles, see these principles clearly modelled in leadership across the Public and Private sectors, and reflect on their own wellbeing practices. Recording and slides can be found at <https://www.heti.nsw.gov.au/education-and-training/courses-and-programs/leadership-quarters/leadership-quarter-resource-page/leadership-quarter-2024>.

*Being able to sustain your own wellbeing is not a reward of excelling, rather, a requirement to excel"*

– Fleur Heazlewood

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## ABORIGINAL MENTAL HEALTH FIRST AID LEARNING OPPORTUNITY



The Training Support Unit (TSU) partnered with Mental Health First Aid Australia to provide 27 fully funded scholarships for the Aboriginal Mental Health First Aid blended learning opportunity. This course, led by a Mental Health First Aid and licensed Aboriginal and Torres Strait Islander instructor, teaches participants how to provide initial support to an Aboriginal and/or Torres Strait Islander adult who may be experiencing a mental health problem or mental health crisis, until professional support is received, or the crisis resolves.

This strengths-based course has been developed and reviewed in consultation with Australia's Aboriginal and

or Torres Strait Islander people. The course ensures participants are grounded in social and emotional well-being from an Aboriginal and Torres Strait Islander perspective, equipping them with the skills to provide mental health first aid in a culturally safe and informed way.

Participants learn how to apply mental health first aid to adults across a range of situations including:

- Depression
- Anxiety
- Alcohol and other drugs
- Substance use problems
- Suicidal thoughts and behaviours
- Non suicidal self-injury
- Psychosis
- Crisis first aid

All 27 participants will complete this course in October.

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## MINISTRY OF HEALTH EXECUTIVE LEADERSHIP PROGRAM PILOT COHORT NAVIGATES LEADERSHIP AND CULTURE

The Ministry of Health Executive Leadership Program pilot was held from May to July 2024 with a cohort of 17 Band 1 and HM6 leaders from the Ministry of Health. The program explored leadership approaches to support, equip and develop executive leaders to lead themselves, their teams and across the system to cultivate a positive culture for improved experiences for staff and improved service delivery to patients, carers and communities.

Over the three-month intensive leadership program, participants came together at 1 Reserve Road for the program 'laboratories' to support networking and collaboration. They completed individual leadership and team culture assessments and participated in developmental coaching and peer collaboration. Participants made sense of complicated and complex systems, and distinguished between adaptive and technical challenges. They explored concepts for producing optimal team environments, and evaluated a systems perspective for collaborating.

Participants highly valued engaging in conversations with Deputy Secretaries and the Secretary NSW Health throughout the program. Equally, they appreciated the forum to connect with and learn from their peers. Participants benefited from the deliberate opportunity to reflect and apply theories to their real-world context as they continue to navigate their leadership role for themselves, their teams and within the system.

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## INTRODUCING THE NEW INTRODUCTION TO LGBTIQ+ INCLUSIVE HEALTH CARE ELEARNING MODULE

A new e-learning module titled 'Introduction to LGBTIQ+ Inclusive Health Care' is now available for NSW Health professionals on My Health Learning.

This module is designed as a foundational education resource for all NSW Health staff. Learners will gain confidence from being introduced to the needs and experiences of LGBTIQ+ people; common LGBTIQ+ terminology and inclusive language.

This resource supports Priority 1 of the [NSW LGBTIQ+ Health Strategy 2022 – 2027](#) to increase LGBTIQ+ awareness and capability in the NSW Health workforce.

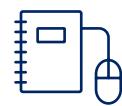
This module will assist NSW Health staff learn simple strategies to create a respectful health care environment for LGBTIQ+ people, enabling patients to access safe care for improved health outcomes.

Log in to My Health Learning to access this training.

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# MY HEALTH LEARNING

## NEW AND REVISED RESOURCES:



TITLE	COURSE CODE
Culturally responsive health care (Refresh)	39962639
Reprocessing of Reusable Medical Devices (Refresh). Formerly titled, Decontamination of reusable medical devices'	46357618
NSW Health Corporate Orientation: Welcome (Refresh)	39966640
Pharmacy Module 1 eQuiz: Safe handling of hazardous drugs and related waste	539797416
Pharmacy Module 2 eQuiz: Understanding how anti-cancer drugs work	543520617
Pharmacy Module 3 eQuiz: Treatment-related toxicities and management	543520679
Pharmacy Module 4 eQuiz: Principles for supporting the administration of anti-cancer drugs	539799902
Pharmacy Module 5 eQuiz: Medication safety and clinical governance principles for cancer pharmacists	539800232
Pharmacy Module 6 eQuiz: Clinical verification of anti-cancer treatment prescriptions	539800415
Pharmacy Module 7 eQuiz: Patient education	539800722
Pharmacy Module 1 eLearning guide: Safe handling of hazardous drugs and related waste	539797242
Pharmacy Module 2 eLearning guide: Introduction to how anti-cancer drugs work	539797575
Pharmacy Module 3 eLearning guide: Introduction to treatment-related toxicities and management	539799083
Pharmacy Module 4 eLearning guide: Principles for supporting the administration of anti-cancer drugs	539799786
Pharmacy Module 5 eLearning guide: Medication safety and clinical governance principles for cancer pharmacists	539800168
Pharmacy Module 6 eLearning guide: Clinical verification of anti-cancer treatment prescriptions	539800298
Pharmacy Module 7 eLearning guide: Patient education	539800573
Aseptic Technique (Refresh)	40027445
Cognitive Disability and the Criminal Justice System (Refresh)	94996714
Workplace Mental Health Awareness (Refresh)	187062298
Contrast Media: Administration (Refresh)	172277411
Fire Safety and Emergency Procedures NMMT: Storytelling (Refresh)	214259195

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[myhealthlearning.health.nsw.gov.au](http://myhealthlearning.health.nsw.gov.au)

TO BE THE FIRST-CHOICE PARTNER  
FOR EDUCATION AND TRAINING IN  
NSW HEALTH