

# A mixed methods study: Integrating evidence from Aboriginal people's lived experience and clinical practice guidelines to develop arthritis education resources

## Project Summary

Assisting her colleague, Brooke Connelly, with her PhD project, Jane contributed to the qualitative component of the project. She also contributed to the integration of the qualitative findings with the recommendations from the clinical practice guidelines developed in the quantitative component.

This research project has led to:

- a journal publication
- the development of education resources for Aboriginal people about four arthritis conditions: osteoarthritis, rheumatoid arthritis, lupus and gout
- the development of a website that provides access to the resources for Aboriginal people with arthritis, their family, Community and health staff.

## Keywords

Aboriginal Health; arthritis; physiotherapy; education resources.



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Jane is a Gumbaynggirr physiotherapist and coordinator of the Clarence Valley Knee and Hip Arthritis Service working at Grafton Hospital, Northern NSW LHD.

As a 2020 RRCBP candidate she worked with a national team on a mixed methods study exploring the needs and preferences of Aboriginal people with arthritis to inform the development of education resources. She is continuing to work with this team in the area of Aboriginal health and musculoskeletal conditions.