

Using a Zero Suicide Approach

Zero Suicide approaches acknowledge that suicide prevention requires system wide transformation and a collaborative approach from society, communities, government, the private sector, teams and individuals. The concept of “zero suicide” is an aspirational goal and a mindset that can inspire change.

The tools, concepts and cultural changes being implemented are intended to support mental health teams and individual clinicians in their roles.

After completing this module you will be able to:

- Describe the Zero Suicide Framework and reflect on implications for your role.
- Describe common elements of suicide care pathways which include early identification and engagement, assessment, formulation, brief interventions, treatment and transition of care.

This module was developed with funding from the Zero Suicides in Care initiative.

This module is intended for mental health professionals and other NSW Health clinicians with responsibilities for working with people who may be suicidal.



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