More than 160 NSW Health educators have participated in HETI’s Creating Engaging Learning Experiences workshops held over two days in Sydney. The workshops showcased best practice strategies to engage learners and improve workplace performance.

HETI’s expert team of instructional designers and learning specialists shared their insights on creating powerful learning objectives; selecting the right tools for the right outcomes; and using best practice methods to scope, design and deliver effective training solutions across a range of technologies. Opportunities to workshop ideas were woven through the program.

Feedback from participants included ‘I enjoyed the opportunity to begin practising with my project – I’m seeing improvements already which makes me excited’, ‘Great learning experience. Loved the videos, they really triggered ideas I could implement into training that is engaging and emotionally invested’ and ‘Good eye opener. Good to explore the fun ways of learning. Love the idea of getting learner emotionally involved.’

More workshops are planned in 2019. To join our waitlist email HETI-DistrictEnquiries@health.nsw.gov.au

Contact: nina.lord@health.nsw.gov.au
INVITATION TO CONTRIBUTE: HEALTH EDUCATION IN PRACTICE JOURNAL

The latest issue of the Health Education in Practice: Journal of Research for Professional Learning (HEPJ) successfully completes the journal’s first year of publication. HEPJ published two high quality issues sharing results of research and works-in-progress that underpin quality health education.

The journal continues to attract interest in professional and academic communities. Nine months on from launch, the journal website has been accessed nearly 16,000 times and articles 7,000 times. On average, each published article was viewed more than 600 times with the most popular article viewed nearly 1500 times. With prominent academics and professionals as journal authors, reviewers and members of the Editorial Board, HETI is confidently growing into the space of journal publisher.

Preparations of the first issue for 2019 are well under way. Publication has already commenced with the article titled Education pathways, mentoring and future intentions of nurse and midwifery consultants in a NSW Health District by Edgar et al.

HEPJ publishes articles online as soon as the peer-review and production processes are complete, and compiles articles in two issues a year. NSW Health staff are encouraged to contribute by submitting manuscripts about research into and evaluation of practice-based education of the workforce in health, including discussions of theoretical issues related to health education. Submissions for the current issue are open until 7 April 2019.

Papers submitted to the journal are published in two streams and rely on the efforts of reviewers to ensure papers of high quality:

- The Research and Evaluation stream (scholarly) is submitted for double-blind peer review
- Education-in-practice stream (professional) is submitted for single-blind peer review.

For further details, to subscribe or to register your interest as a reviewer, visit the journal website at openjournals.library.sydney.edu.au/index.php/HEP

Contact: HETI-HEP@health.nsw.gov.au
Applications are invited for HETI’s 2019 Rural Research Capacity Building Program (RRCBP). The Program, now in its thirteenth year, continues to advance health research education within rural NSW, and contributes to the expanding research capacity within rural Local Health Districts.

This year there up to 20 positions available, and with applications open until 1 April 2019, there is time for candidates to consider suitable research projects that address issues of local health concern.

To increase awareness of the program and encourage participation, RRCBP Program Managers are currently promoting the program via emails to rural Local Health Districts, and collaborating with Research Managers to conduct site visits, meetings and information sessions. For ‘research-ready’ staff who are unable to attend these sessions, a series of videoconference and teleconference information sessions will be conducted and recorded.

Successful applicants will be welcomed into the program through a series of videoconferences and connected with a current participant who is researching a similar topic or is nearby geographically.

The two-year program consists of a research education component, three workshops in Sydney under the expert guidance of researchers from the University of Sydney’s School of Rural Health. Participants will also be introduced to the 2018 cohort, who will be in the final stages of their RRCBP candidature, and preparing to graduate at the Rural Health and Research Congress later this year.

**INFORMATION SESSION**

Prospective applicants are invited to an Information Session via teleconference

11am – 12 noon, 20 March 2019

Telephone: 1800 896 323 and enter PIN 81512597#

Contact: david.schmidt@health.nsw.gov.au or kerith.duncanson@health.nsw.gov.au

In 2018 the NSW Health Facilitation Standards were developed by HETI, approved by the Ministry and distributed to organisations. The Standards represent a significant advancement for NSW Health and are designed to foster consistency and quality in facilitation. They are also the basis for a broader facilitation capability initiative which encompasses accreditation and development pathways, allowing participants to achieve recognition and development across three levels of capability.

The Facilitation developmental pathway is intended for those staff who have a facilitation requirement as part of their work, and who would like to consolidate or build upon their current facilitation skillset. It is grounded in the Core Skills course, which then moves on to development at the different practice levels: Yellow (Adept), Blue (Advanced), or Black Band (Highly Advanced) courses. Practice level is primarily determined by the facilitation context and type of activity.

A proposed schedule of Sydney-based and regional opportunities from March through to June has been distributed to organisations.

For further information or to discuss your organisation’s requirements for facilitation accreditation and/or development, please contact Gene Johnson in HETI’s Leadership team.

Contact: HETI-FCAP@health.nsw.gov.au or phone 9844 6156
HEALTH AND WELLBEING HEADLINES DOCTORS DEVELOPMENT EVENT

Doctors from across the State are invited to Shoal Bay on the north coast of NSW from 7-10 March for the 2019 Professional Development Program for Doctors.

The event aims to enhance doctors’ expertise and knowledge through four days of presentations and workshops focused on doctor health and wellbeing.

Senior leaders and academic experts will discuss a range of topics including:
- Professional issues facing doctors
- Improving the health of doctors
- Rural and remote health services
- Evidence-based medicine
- JMOs and supervision

The event, now in its ninth year, is jointly hosted by HETI and Hunter New England Local Health District. It is aligned with the CanMEDS framework and attendance contributes to CPD points.

CULTURE EATS STRATEGY FOR BREAKFAST:
Exercising leadership to shape healthcare culture

Tuesday 26 March, 2019
Twin Towns Resort, Tweed Heads.

LEADERSHIP QUARTER HEADS TO NSW NORTH COAST TO TALK CULTURE

Northern NSW Local Health District in conjunction with HETI are inviting leaders across NSW Health to the rural Leadership Quarter in March to talk Culture.

The ‘Culture Eats Strategy for Breakfast: Exercising leadership to shape healthcare culture’ event will enable senior leaders to reflect on current culture; allow space to determine the desired culture; and equip leaders with strategies to shape culture.

The event features international guest speakers and academics.

Contact: HETI-Leadership@health.nsw.gov.au
REFRESHED NSW MENTAL HEALTH ACT (2007) RESOURCES

A new NSW Mental Health Act webpage has now been launched and is accessible via heti.nsw.gov.au/mhact.

The new page links to the Mental Health Act Guide Book, the Accredited Persons Handbook and fact sheets, relevant organisations, policies and forms. Additional courses and materials available to NSW Health staff can also be found by following links from this page.

The page also includes new resources to support clinicians in their application of the Act in practice including:

• Video podcasts that provide an overview of the why, who, what and how? of the Act
• The PowerPoint presentation from the 2016 – 2018 Mental Health Act workshop deliveries, which has been adapted to support clinician self-reflection of the application of the Act in practice (view in the Seminars and Workshops section)

Our Focus Areas: Mental Health section of the website also provides information about available education, training and resources offered by HETI.

A redirect has been applied to the previous URL, however please remember to update saved ‘favourites’ and ‘bookmarks’ in browsers.

Contact: Kerry.HidesPearson@health.nsw.gov.au

GATEKEEPER TRAINING FOR SUICIDE PREVENTION

As part of its continuing commitment to mental health reform, NSW Health commissioned HETI to develop and deliver Gatekeeper training for suicide prevention to NSW Health staff.

Gatekeeper includes an online module and face-to-face workshops that support all levels of capability, providing knowledge and skills across the following three steps:

1. IDENTIFY observable signs and language that may indicate suicidal ideation or behaviour
2. ENGAGE to build rapport and communicate effectively with people experiencing psychological distress
3. ACT to optimise the person’s safety.

The Gatekeeper online module is now accessible for all NSW Health staff via My Health Learning.

HETI is working in close consultation with mental health and general workforce directorates state-wide, with a view to providing two days of initial training tailored specifically to the needs of each Local Health District and Specialty Health Network. Gatekeeper resources are being co-designed and shared with LHDNs to support ongoing activities in this area.

Contact: Kerry.HidesPearson@health.nsw.gov.au
METROPOLITAN ACCESS SCHOLARSHIP FOR NSW HEALTH RURAL TRAINEES

APPLICATIONS NOW OPEN

The Metropolitan Access Scholarship provides financial support to eligible NSW Health rural vocational and prevocational medical trainees undertaking metropolitan training.

The scholarship aims to assist rural trainees, with a strong commitment to rural practice in NSW, to relocate to a metropolitan centre for further training. It is recognised that vocational training programs may require a component of training to be undertaken in a metropolitan tertiary centre and this can have financial implications for trainees required to relocate from their rural homes.

The scholarship is valued at $12,000 per annum pro-rata based on the number of weeks of the metropolitan placement. The funds can be used to support accommodation and on costs associated with relocation to a metro area for a rotation.

The fund is now open for applications and will close on 8 March 2019.

Contact: heti.nsw.gov.au/MAS

ALLIED HEALTH PROFESSIONAL EDUCATORS NETWORK (AHPEN) FORUM

A forum and workshop for NSW Health Allied Health educators focussing on building personal and professional resilience will be held on 1 March 2019 at the Northern Sydney Education & Conference Centre.

Presenter Kylie Warry, lead trainer with Teamology, will talk through the resilience doughnut model and the relevance of this to our everyday relationships, work and life. Communications and how this affects leadership, dynamics, relationships and productivity within a team will also be covered. There will also be opportunity for networking and sharing.

This event is for Allied Health educators who coordinate and deliver education and training for Allied Health staff in NSW Health LHDs, SHNs or learning and development units.

Contact: Maria.Berarducci@health.nsw.gov.au

NURSING AND MIDWIFERY CONTINUING EDUCATION

Congratulations to the 361 NSW Health nurses and midwives who have been successful in obtaining full scholarships to study Graduate Certificate courses made possible through the Nursing and Midwifery Education Contract funded by the Nursing and Midwifery Office. The specific subject areas for the study are:

- Acute Care
- Child and Family Health
- Drug and Alcohol (Addiction Studies)
- Aged Care
- Critical Care

These 12 month courses commenced at the beginning of 2019 and are delivered online by the University of Tasmania or the Australian College of Nursing.

Contact: Liz.Prudom@health.nsw.gov.au

PREVOCATIONAL TRAINING AWARDS – CALL FOR NOMINATIONS

Nominations are invited for HETI’s Prevocational Training Awards that celebrate the substantial contributions made by inspiring individuals to the education and support of Junior Medical Officers across the NSW Health system. There are three categories:

- Geoff Marel Award recognising the work of a Supervisor or Director of Prevocational Education and training
- JMO Manager of the Year (for managers and administrators)
- JMO of the Year

Nominations are submitted using the relevant nomination form at www.heti.nsw.gov.au/JMO-Awards

Nominations are open from 4 to 29 March 2019

Contact: Dawn.Webb@health.nsw.gov.au
### MY HEALTH LEARNING

**New and revised resources:**

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→ **Contact:** nina.lord@health.nsw.gov.au  
→ myhealthlearning.health.nsw.gov.au