## My Health Learning

How to confidently include fathers in health care to strengthen parenting teams.



Do you work with future parents, pregnant women, or new families? Father involvement can profoundly impact a child's development. Chances are you will have great skills and experience in working with mothers. Are you as confident when it comes to working with fathers? Many men have said they feel that they are not included during pregnancy related and early childhood related healthcare. This can increase their sense of isolation or alienation from care as they become fathers.

> This interactive module provides practical strategies and insights from clinicians and parents on engaging fathers in the delivery of healthcare. Supported by tools, resources and practice activities, it outlines how you can:

- Proactively engage with fathers or fathers-to-be to enhance maternal, child, and father well-being during the first 2000 days, and beyond.
- Promote supportive parenting messages and provide access to referral pathways for fathers including psychosocial support if needed.

Empower new fathers. Strengthen parenting teams. Complete your training now.

Search for Father Inclusive Practice

Course code: 518672698





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