

HETI SENIOR EXECUTIVE FORUM REPORT

OCTOBER 2023



The social determinants of health include the physical, economic and social conditions impacting health.

SOCIAL DETERMINANTS OF HEALTH FORUM: IMPROVING HEALTH EQUITY

The Health Education and Training Institute, in partnership with the Ministry of Health and the Agency for Clinical Innovation, is pleased to present a one-day forum dedicated to the social determinants of health, providing an opportunity to discuss, learn and network with forum speakers and colleagues. Increasing awareness, knowledge and skills related to the social determinants of health can build holistic and responsive health professionals who understand and act on ways that advance communities and individuals toward greater health equity.

The Forum will deliver an inclusive, diverse, and informative program. Dr Sally Baker, Co-Chair of the Refugee Education Special Interest Group and Associate Professor in Migration and Education at the Australian National University will provide a keynote address on Education as a social determinant of health. Dr Baker will also explore how education supports or hinders health equity through research with refugees.

The Master of Ceremonies for the event, Jesusa Helaratne, Deputy Director, NSW Multicultural Health Communication Service (MHCS) will guide and engage with presenters and speakers for an excellent professional development experience.

When: Friday 27 October 2023
9.00am – 3.00pm (AEDT)

Where: Hybrid event – options to attend virtually (via live-stream) or in-person at 1 Reserve Road, St Leonards.

→ **Contact:** brenda.holt@health.nsw.gov.au or therese.mccarthy@health.nsw.gov.au

NSW RURAL GENERALIST MEDICAL TRAINING PROGRAM

The NSW Rural Generalist Medical Training Program (NSW RGTP) aims to build the medical workforce to meet the current and future health needs of NSW rural and remote communities.

Up to fifty Advanced Skills Training (AST) posts are funded in NSW each year across six specialty pathways: Anaesthetics, Obstetrics, Emergency Medicine, Palliative Care, Paediatrics and Mental Health, with posts distributed across participating rural Local Health Districts (LHDs).

Recruitment to the 2024 AST posts (round two) is underway through the annual Junior Medical Officer Recruitment Campaign. Round one recruitment has closed and successful applicants are currently undertaking onboarding with the LHDs.

2024 Advanced Skills Training recruitment (Round two) opened 3 October 2023.

The NSW RGTP is supporting the Regional Health Branch with the roll out of the Single Employer Pathway.

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RURAL RESEARCH CAPACITY BUILDING PROGRAM



Rural Research Capacity Building Program graduating cohort (2020)

In an action packed event the Rural Research Capacity Building Program (RRCBP) Managers Kerith Duncanson and David Schmidt conducted a two-day workshop for the incoming 2023 RRCBP candidates in conjunction with an in-person and livestreamed Emerging Researcher Showcase. The event concluded with a formal ceremony to celebrate the graduation of the 2020 cohort, many of whom worked through their research projects during COVID.

The event included a series of five-minute presentations by the 2020 graduating candidates, demonstrating the scope and depth of influence of their research on health service delivery and health outcomes of people from rural NSW. The presentations included:

- Engagement in diabetes prevention programs in rural settings (Britney McMullen, NNSWLHD)
- Post-Traumatic Growth and Cancer Survivorship: Experiences of Living with Treatment-Related Impairment (Bec Davis, WNSWLHD)
- Regional mental health services users understanding of the connection between physical health, mental health, and their wellbeing (Cas Porter, NNSWLHD)
- Improving access of arthritis care and management for Aboriginal people (Jane Linton, NNSWLHD)

- Exploring enablers and barriers for ED staff supporting domestic violence victims of non-fatal strangulation (Danielle Allen, WNSWLHD)
- Telehealth-based group breathing intervention for adults of working age with chronic pain (Asta Fung, WNSWLHD)
- Medication Management of Patients with Acute Stroke in a Regional Emergency Department (Jackie Birnie, HNELHD)
- Chronic kidney disease self-management and public renal dietetics service delivery: patient perspectives (Annette Shelley, WNSWLHD)
- Co-designing Educational Resources for Left Breast Cancer Patients Receiving Deep Inspiration Breath Hold Radiation Therapy (Kath Dower, NNSWLHD)

It was evident from the enthusiasm of the graduates in their presentations and research projects that HETI's commitment to the RRCBP is being richly rewarded. Program Managers commented that the achievements of this cohort were exceptional, especially considering the program was undertaken during COVID. This meant that research training was adapted for virtual delivery rather than face-to-face. Despite only meeting face-to-face once before the graduation, this cohort supported each other and committed to their project throughout COVID, redeployment, and natural disasters.

Following the Emerging Researcher Showcase, Maggie Crowley, Director of Professional Practice and Interprofessional Collaboration, delivered a graduation address on behalf of HETI Chief Executive Annette Solman, to the presenting candidates and graduates Heather Hillam (Murrumbidgee LHD) and Bronwyn Browne (NNSWLHD).

The ceremony concluded with a presentation of the 2020 RRCBP report award for the 2020 RRCBP. This year's recipient was Britney McMullen, who will present her research at an international conference where she is accepted for an oral or poster presentation.



Britney McMullen (L) and Maggie Crowley (R)

A recording of the presentations and graduation is available here:
<https://www.heti.nsw.gov.au/education-and-training/courses-and-programs/rural-research-capacity-building-program/2020-rrcbp-graduation>

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THE CENTRE FOR RURAL SIMULATION

... WENT DOWN TO DENILIQVIN



15 participants immersed themselves in a series of skill stations and simulation activities.

The HETI Centre for Rural Simulation took our flagship education program, the Emergency Masterclass, to Deniliquin this month.

The Emergency Masterclass is a highly specialised two-day program that provides the critical care teams that work together the opportunity to learn together. The Emergency Masterclass focuses on the care of critically ill and injured patients in rural and remote locations. A particular emphasis is placed on interprofessional teamwork, with doctors, paramedics, and nurses all working together in situations and environments that reflect their everyday environments.

In Deniliquin a team of 15 participants immersed themselves in a series of skill stations and simulation activities, ranging from airway management to chest drains to sepsis and traumatic injuries. The Deniliquin participants all found the program to be extremely valuable, regardless of their experience. One participant said "I think everyone who works in country areas should do this course. It's so good to work together as one team".

The Emergency Masterclass is offered to health facilities throughout rural and remote NSW, in 2023 to date, Masterclasses have been held in Macksville, Lithgow and Deniliquin Hospital with a further class to be held in Mudgee in November. The Centre for Rural Simulation works in partnership with LHDs and SHNs to support simulation-based education throughout rural and remote NSW and is currently planning simulation activities for 2024.

To learn more about the Emergency Masterclass in your district, or any other simulation program, please contact: HETI-simulation@health.nsw.gov.au

→ Contact: kat.blake1@health.nsw.gov.au

EVALUATION AND RESEARCH WEBCAST SERIES



The Health Education and Training Institute (HETI) coordinates a series of webinars that provide expert insights on thought-provoking aspects of research and evaluation. Topics for 2022-2023 have included helping people learn in workplaces, emotional resilience in workplace decision-making, and compassion training to protect against burnout.

The webinars feature presentations from distinguished speakers in the field of health education and research, followed by discussions facilitated by Professor Balakrishnan (Kichu) Nair AM.



The latest Webcast was a showcase from three principal authors of research papers published in the HETI ejournal, **Health Education in Practice: Journal of Research for Professional Learning**. Presentations covered the evaluation of Aboriginal content in an undergraduate paramedicine degree, GP education on chronic pain management, and medical students' knowledge, exposure and attitude to telehealth.

The series is delivered with the ongoing support of the HETI Communications and Marketing team. Webcasts are recorded and available for viewing at **Evaluation and Research Webcast Series**.

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VIRTUAL CARE: NEW MICROLEARNING EDUCATION FOR NSW HEALTH VIRTUAL CARE EDUCATION



HETI worked with the Agency for Clinical Innovation and Local Health Districts partners to develop two new virtual care micro learnings. These modules are now available for health professionals to access either directly through mobile devices or on laptops. The modules in My Health Learning provide best practice examples and practical strategies in communicating and initiating virtual care:

- Introducing virtual care in consumer conversations (Course code: 487521515)
- Establish a confident telepresence in a virtual care environment (Course code: 487522974)

Access these 10-minute, 'just-in-time' e-learning resources from your desktop or mobile phone on **My Health Learning**.

HETI has committed to undertake additional virtual care eLearning development this financial year.

For more information on the modules contact:
trish.wilkinson@health.nsw.gov.au

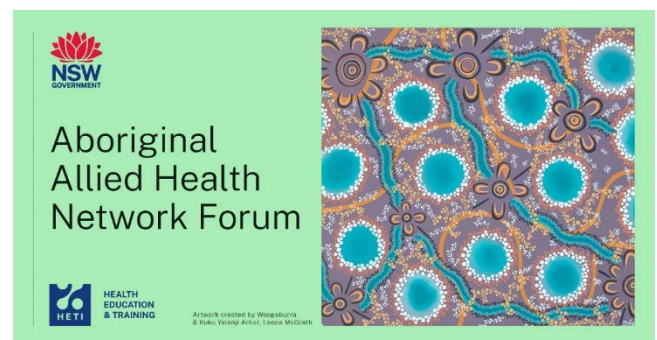
Development of the new modules was informed by the recently published NSW Health Virtual Care Education Framework developed in 2022. The Framework identifies key skills for good patient care in virtual service delivery. Communication is key for clinicians to provide positive virtual care experiences and to communicate in ways that are appropriate and respectful of consumers' individual needs and care requirements.

The Framework is available at: <https://www.heti.nsw.gov.au/education-and-training/our-focus-areas/virtual-care>

For more information on the Framework please contact:
lucinda.matheson@health.nsw.gov.au

→ Contact: trish.wilkinson@health.nsw.gov.au and lucinda.matheson@health.nsw.gov.au

ABORIGINAL ALLIED HEALTH NETWORK FORUM



The Aboriginal Allied Health Network is a partnership between the Health Education and Training Institute (HETI), the Ministry of Health and Indigenous Allied Health Australia (IAHA). The Network supports the education, cultural and career development of the NSW Health Aboriginal allied health professional and assistant workforce.

The next forum will be held on Wednesday 1 November 2023 at the Prince Henry Centre, located at Little Bay near La Perouse on the land of the Bidjigal and Gadigal peoples. The centre offers a culturally safe space to network, participate in enriching cultural activities, and build connection with allied health peers.

The forum program will focus on exploring professional career pathways in NSW Health. A panel will share their career journey experience, reflect on cultural identity, core values, interests and opportunities, and how this has shaped their health careers. Aboriginal wellbeing facilitators will be available on site throughout the day to provide culturally safe personal support. Limited travel and accommodation support for rural members is available through an expression of interest (EOI).

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ABORIGINAL ALLIED HEALTH UNIVERSITY STUDENT SCHOLARSHIP

OPENED 18TH SEPTEMBER AND CLOSES
20 OCTOBER 2023

The Aboriginal Rural Allied Health University Student Scholarship provides financial assistance to Aboriginal allied health students with a rural background who demonstrate an interest in a rural career.

The applicant is offered the opportunity to apply for a one off \$10,000 scholarship (pro rata for part time study) to assist with training costs such as fees, technology or placement costs.

Priority for this scholarship will be given to Aboriginal students completing a psychology, audiology or a speech pathology qualification that qualifies them to practice in this profession.

<https://www.heti.nsw.gov.au/Placements-Scholarships-Grants/scholarships-and-grants/aboriginal-rah-uni-student-scholarship>

→ Contact: donna.fong@health.nsw.gov.au

ALLIED HEALTH RURAL GENERALIST PROGRAM (LEVEL 1) SCHOLARSHIP

OPENED 2ND OCTOBER AND CLOSES
3 NOVEMBER 2023

The Allied Health Rural Generalist Program (Level 1) Scholarship provides financial assistance of up to \$12,000 to complete the Level 1 Allied Health Rural Generalist Program through James Cook University. Scholarship funds can be used for course fees, technology or other costs associated with completing this training program.

The Scholarship is available for new graduates and early career (less than 3 years' experience) NSW Health allied health professionals working in an MM3-MM7 location.

<https://www.heti.nsw.gov.au/Placements-Scholarships-Grants/scholarships-and-grants/allied-health-rural-generalist-program-level-1-scholarship>

→ Contact: donna.fong@health.nsw.gov.au

ALLIED HEALTH RURAL GENERALIST DIPLOMA RURAL PRACTICE (LEVEL 2) SCHOLARSHIP

OPENS 24 OCTOBER AND CLOSES
24 NOVEMBER 2023

The Allied Health Rural Graduate Diploma of Rural Generalist Practice (Level 2) Scholarship provides financial assistance (\$35,000) for NSW Health allied health professionals currently working in a rural area to complete the Graduate Diploma of Rural Generalist Practice through James Cook University.

<https://www.heti.nsw.gov.au/Placements-Scholarships-Grants/scholarships-and-grants/allied-health-rural-generalist-diploma-rural-practice-level-2-scholarship>

→ Contact: donna.fong@health.nsw.gov.au

FULLY FUNDED PERINATAL AND INFANT MENTAL HEALTH OR CHILD AND YOUTH MENTAL HEALTH SPECIALISATIONS

FOR THE APPLIED MENTAL HEALTH STUDIES COURSE AT HETI HIGHER EDUCATION

Scholarship opportunities are available for those with an interest in Perinatal and Infant or Child and Youth Mental Health to study Applied Mental Health Studies (AMHS) in either of these specialisations at HETI Higher Education.

Complete a Graduate Certificate, Graduate Diploma, or Masters level study in the Applied Mental Health Studies course with up to 600 hours of study support.

AMHS units are offered completely online over a five week teaching period. They are designed with flexibility to meet the needs of the health workforce who are combining study with other commitments. Even with a full degree level students can manage their study load through choice of teaching period and unit.

The next Teaching Period commences Nov 6 (TP6) 2023.

All Applied Mental Health Studies units are underpinned by recovery principles with an emphasis on the application to clinical practice.

View Child and Youth Mental Health Services scholarship information <https://www.heti.nsw.gov.au/Placements-Scholarships-Grants/scholarships-and-grants/adult-mental-health-scholarship>.

Note: these scholarships are allocated until funds are exhausted.

→ Contact: support@heti.edu.au

FULLY FUNDED SCHOLARSHIPS FOR ADULT MENTAL HEALTH OR OLDER PEOPLES MENTAL HEALTH SPECIALISATIONS

Scholarship opportunities are available for those with an interest in Adult or Older Peoples Mental Health to study Applied Mental Health Studies (AMHS) in the Adult or Older Persons specialisation at HETI Higher Education.

Complete a Graduate Certificate, Graduate Diploma, or Masters level study in the Applied Mental Health Studies course with up to 600 hours of study support.

AMHS units are offered completely online over a five week teaching period. They are designed with flexibility to meet the needs of the health workforce who are combining study with other commitments. Even with a full degree level students can manage their study load through choice of teaching period and unit.

The next Teaching Period commences Nov 6 (TP6) 2023.

Scholarship awards cover the successful applicant for the degree period and students can start this year or next.

View Adult Mental Health scholarship information here. <https://www.heti.nsw.gov.au/Placements-Scholarships-Grants/scholarships-and-grants/adult-mental-health-scholarship>

View Older Peoples Mental Health scholarship information <https://www.heti.nsw.gov.au/Placements-Scholarships-Grants/scholarships-and-grants/older-peoples-mental-health-services-scholarships>

Note: these scholarships are allocated until funds are exhausted.

→ Contact: support@heti.edu.au

NEW PROFESSIONAL DEVELOPMENT SCHOLARSHIPS

A new Professional Development Scholarship is available to NSW Health staff who wish to improve their engagement with mental health. A range of units are available for study and are fully supported with this new scholarship.

For further detail and eligibility requirements please visit <https://www.heti.nsw.gov.au/Placements-Scholarships-Grants/scholarships-and-grants/professional-development-mental-health-scholarships>

Note: these scholarships are allocated until funds are exhausted.

→ Contact: support@heti.edu.au

PMSP COHORT 7 BEGINS

Spring 2023, and 11 October sees 537 NSW Health staff commence the very popular People Management Skills Program (PMSP).

Positive, committed management is essential in guiding the direction of our workforce and enhancing the patient and caregiver experience across NSW Health.

PMSP focuses on who we are as leaders and managers of others. Suitable for all managers whether new or experienced, the Program is delivered virtually across six separate highly engaging four-hour facilitated modules with outcomes including developing a roadmap for leading now and into the future, strengthening communication skills for effective collaboration, change management and coaching for performance. Program participants explore these concepts and more, forming meaningful connections with staff from across NSW Health, enhancing capabilities and creating safe, healthy working environments contributing to a better human experience and improved patient outcomes.

"It was so well executed – the variety of resources, bibliography, interactive, it was intense but fun learning. Will really remember this course forever. Will help me to evolve as a manager/ leader." Participant, 2022

→ Contact: HETI-Management@health.nsw.gov.au

MY HEALTH LEARNING



NEW AND REVISED RESOURCES:

TITLE	COURSE CODE
Motivational Interviewing: Building Skills (Refresh)	99447022
Risks in using family to interpret (Refresh)	178402786
Antimicrobial Resistance: Turn the tide (Refresh)	137891572
Managing Diabetes in Primary Care (Refresh)	53652446
Let's Talk Disability (Refresh)	67951622
Empowering the Educator: Capability Framework Self-Assessment (Refresh)	102341620
Verification of Death (Refresh)	98564783
Assessing the need for an Interpreter (Refresh)	178399920
Face to face communication with interpreters (Refresh)	178758010
Assessing Others Part 2 (Refresh)	112861355
Patient Allocations in the Patient Flow Portal	491505838
Public Interest Disclosures Training for Disclosure Officers	496658718
Public Interest Disclosures Training for People Managers	496662700

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myhealthlearning.health.nsw.gov.au

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