

## Rural Interprofessional Seminar Series

Supporting Health Education in Remote Areas



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# Let's keep Yarning about Vaping and Chroming with Youths

### Presenters:

**Dr Suzie Hudson**  
Clinical Advisor and Lecturer,  
Alcohol & Other Drugs

**Carolyn Murray**  
Population Health Director,  
Tobacco and E-cigarettes  
Strategy

### When:

**Wednesday 18 October 2023**  
1.00pm - 2.00pm (AEDT)

### Where:

Online  
Tickets available via  
Eventbrite

### To Register:



### Enquiries:

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*Let's keep Yarning about Vaping and Chroming with Youths* aims to enhance the skills and confidence of rural healthcare providers in engaging with youths in discussions on vaping and chroming.

Join us for an enlightening and evidence-based seminar featuring Dr. Suzie Hudson and Public Health Director Carolyn Murray. The seminar will explore the motivating factors driving young people to adopt vaping and chroming. It will also explore the optimal techniques to initiate factual and honest dialogues regarding the associated harms. Presentations will cover prevalence data, insights into usage trends within NSW, and a review of evidence-based interventions developed to mitigate harm and tackle regular or dependent usage among young people aged 12 to 18 years.

### Who should attend?

This seminar offers valuable insights, knowledge, resources and tools, delivered in an enriching learning experience for diverse groups of healthcare professionals and individuals committed to promoting better health outcomes.

### Those who would benefit from joining this seminar include:

- Professionals with a keen interest in effectively engaging with youth and community members
- Aboriginal Community Controlled Health Organisation (ACCHO) Aboriginal health workers and practitioners
- Rural and remote generalists, Doctors in Practice
- Nurse practitioners and registered nurses
- Chronic disease health educators
- Allied health clinicians
- Students pursuing health-related careers
- Aboriginal health professionals
- Community and Department of Education educators.

### Learning Objectives

By the conclusion of this seminar, attendees will be able to:

- Examine approaches for addressing vaping and chroming
- Understand the specific issues linked to vaping and chroming in the youth population
- Recognise validated assessment tools and available support systems
- Analyse the concerns and difficulties related to vaping among young people, including exploring Non-Nicotine Replacement Therapy (NRT) alternatives.

### Guest Speaker Bios

#### Dr Suzie Hudson

Clinical Advisor -Centre for Alcohol and Other Drugs, NSW Health; Adjunct Associate Lecturer -National Drug & Alcohol Research Centre, University of NSW Medicine.



Suzie is a Mental Health Social Worker who has worked in the Alcohol and Other Drugs (AOD), Mental Health and Forensic Mental Health fields for over 20 years. A clinical leader and current Clinical Advisor at the Centre for Alcohol and Other Drugs at NSW Health, she is also a therapist, accredited trainer and researcher. Suzie has had the privilege of working in all aspects of AOD treatment across Australia and currently provides counselling in the community.

#### Carolyn Murray

RN, BHSC (Nursing), MIPH  
Director -Centre for Population Health, NSW Health



Carolyn is currently serving as the Director of Tobacco and E-cigarettes Strategy at the Centre for Population Health, NSW Health. In this capacity, she is responsible for policy formulation and implementation in the domains of tobacco and e-cigarettes.

Carolyn has extensive expertise in strategic planning, healthcare management, health education, clinical research, program evaluation and health policy. Carolyn holds the position of Lead Partner Investigator (PI) for the NSW Ministry of Health.

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This seminar is sponsored by the Health Education and Training Institute at no cost.