

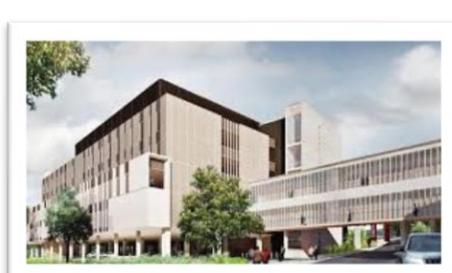
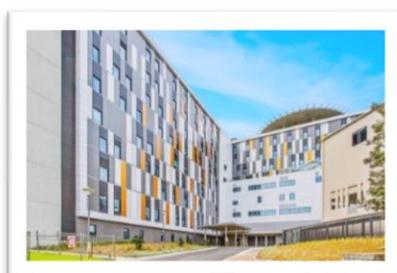
Network 7 – Gosford and Wyong Hospital

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Local Area

Central Coast Local Health District (CCLHD) provides public health services to the Central Coast region, a growing and ageing population expected to reach 355,000 by the year 2022. The area is served by two acute hospitals – Gosford and Wyong – two sub-acute facilities and ten community health centres in addition to other community based services.

Gosford Hospital is the principal referral hospital and regional trauma centre for the Central Coast and Wyong Hospital is a major metropolitan hospital. Gosford Hospital is leading NSW in conducting the Teaching on the Run program to ensure the senior staff here are well trained in their essential role as teachers and supervisors as well as providing junior doctors with the skills and knowledge they need to grow as teachers and supervisors. JMOs are rotated through the 560 bed Gosford Hospital and the **320** bed Wyong Hospital, there is no rural rotation as these hospitals are classified as regional.

With a vast extent of bushland, coastline and more than 40 beaches, the region offers lots of things to do for families, couples and outdoorsy people. The Central Coast is sandwiched between Sydney and Newcastle, so just a quick drive from the big smoke, with plenty of opportunities to make the most of work/life balance such as:

Fabulous beaches, scenic bushwalks, world class surfing, fun attractions and adrenaline fuelled activities, wonderful markets, whale watching and fishing.

Facility Overview

In February 2015, the NSW Government committed \$368 million towards the redevelopment of Gosford Hospital. In March 2015 the NSW Government committed \$200 million for the redevelopment of Wyong Hospital. The redevelopments will consolidate existing services, expand clinical capacity for the future, and enable the introduction of new models of care. With an expanding population on the Central Coast, these important hospital upgrades will help to meet the increasing needs of our diverse local community. Note, the newly redeveloped 11-storey Gosford Hospital opened in mid-2018 the Wyong Redevelopment is scheduled to open in July 2021.

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Term Rotations

Gosford Hospital	Ortho-geriatrics, Cardiology, Emergency, Endocrinology, ENT, Gastroenterology, Geriatric Medicine, General Surgery, Neurology, Oncology, Orthopaedics, Relief, Renal, Respiratory, Urology, Vascular Surgery, Acute Surgical, Anaesthetics*, Haematology*, Intensive Care*, O&G*, Paediatrics*, Psychiatry*, Radiation Oncology*, Medical Leadership and Governance*, Radiology* Palliative Care*
Wyong Hospital	Emergency, Geriatric, Medicine, Surgery, Orthopaedics, MAU, Rehabilitation, Neurology, Addiction Medicine*, Mental Health*, Anaesthetics*, Cardiology*, Gastroenterology*, Paediatric Assessment Unit* Woy Woy*

*PGY2 term only

Rosters/Teaching/Mentoring etc.

Education: Committed to ensuring high standards of training and education, senior staff support and encourage JMOs to attend comprehensive formal education sessions which are held weekly for interns and one full day per term for RMOs. We also partner with the Simulation Centre and Specialty Departments to offer more specialized courses throughout the year, such as BASIC, Laparoscopic Skills.

Support: JMOs will also be supported by an enthusiastic team in the Medical Workforce and Education Unit and Prevocational Education and Training Team, which is reflected in the results of the Ministry of Health Your Training and Wellbeing Matters Survey. The District offers a Near Peer Mentor program for incoming Interns, to provide a smooth transition into the workforce for Interns, in addition to developing faculty as mentors. The program aims to provide collegiality between Mentors and their Mentees. The RMO Association (RMOA) acts as mediators and/or advocates for the RMOs when issues arise, The RMOA also organises social events including end-of-term changeover parties, sporting teams in the lead-up to the Annual Testimonial Dinner (generally the 1st Friday in Dec) and end-of-year Changeover Party (last Fri of Term 5). The RMO Association is involved in the General Clinical Training Committee and meets regularly with the Director of Prevocational Education & Training. This ensures communication takes place between the JMOs and Management.

1. **Representation:** The RMOA works to improve the local policies and practices to better support junior doctors and meets with the Medical Workforce and Education Unit management, where issues of concern are addressed.
2. **Facilities:** RMO lounges are available for use by doctors at both Gosford and Wyong Hospitals. Both rooms have recreational and computer facilities.
3. **Events:** The CC RMOA hosts various events including Careers Night, Mid-Term Dinner, Wine Tour, JMO vs VMO Sporting Competition and the End of Term Parties, which are either free or discounted for members.

Collegiality: The District is renowned for its collegiality amongst senior and junior medical staff. The year commences with a selection of senior medical staff covering the shifts of Junior Medical Staff for the annual changeover party, an event that welcomes the new JMOs and farewells the old, the year concludes with a sporting tournament between the two cohorts, culminating in an evening of reward, recognition and celebration of the year.

Opportunities: We have a number of JMOs sitting on hospital and district committees, providing JMOs with a voice on these committees as well as an understanding of the workings of committees, beneficial to future job applications. All JMOs involved in hospital committees, feedback through the JMO led, Junior Medical Officer Quality and Safety Advisory Committee.

The Central Coast Local Health District aims to become a global leader in integrated medical research. We are building our research leadership and expanding our research capacity, striving to see research become core business in all aspects of healthcare.

We encourage staff to strive for innovation and apply their knowledge and skills to investigate new ways of delivering care. Guiding our efforts is the CCLHD 2017-2021 Research Plan, which is aimed at changing the way health care is delivered across the region. The Plan sets out a clear map of achieving the District's 'Caring for the Coast' strategy, focusing on key priorities around leadership, infrastructure, resources, training and collaboration.

Establishing a state-of-the-art Central Coast Medical School (CCMS) and Research Institute within a new Health & Wellbeing Precinct at Gosford Hospital is another significant step forward in paving the way for better health outcomes for our rapidly-growing community.

Developed in partnership with the University of Newcastle, these centres of excellence will deliver world-class medical training and research on the Central Coast. They will have the capacity to transform the regional economy and develop new career pathways for health professionals in the region.

Websites that provide information regarding the Facility and Local Area

[Doctors' day in May - https://www.youtube.com/watch?v=ocZlFpes08](https://www.youtube.com/watch?v=ocZlFpes08)

[A day in the life - https://www.youtube.com/watch?v=xO2oqBjWGdA](https://www.youtube.com/watch?v=xO2oqBjWGdA)

www.icentralcoast.com
