

# HETI Rural Preferential Recruitment

Port Macquarie Base Hospital  
Kempsey District Hospital  
Wauchope District Memorial Hospital

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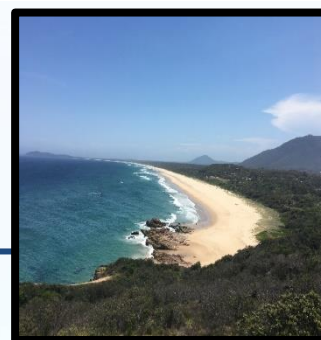
**Health**  
Mid North Coast  
Local Health District

# Eat, See, Do

<https://portmacquarieinfo.com.au/information/eat-see-do>



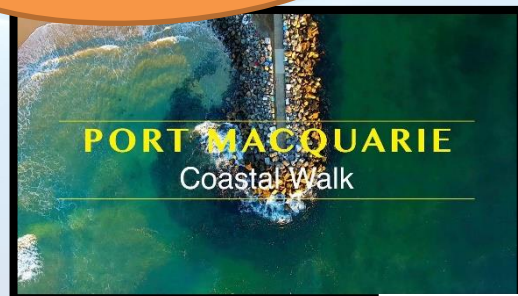
<https://www.discoverportmacquarie.com.au/wineries---breweries.html>



<https://visitcamdenhaven.com.au/>



<https://www.discoverportmacquarie.com.au/coastal-walks.html>



<https://www.koalahospital.org.au/>



The area is a paradise for those who love the outdoors. You name it, it's right here at your door; from surfing, sailing, kayaking and surfing, to paragliding, bushwalking in nearby national parks, deep sea fishing, whale watching and stunning coastal walks.

Wildlife abounds in the area. Dolphins are always happy to share the surf or river, kangaroos are common golfing companions, while koalas are often found perched in a gum tree in your own back yard. Watch thousands of flying foxes make their migration at dusk, while kookaburras announce the dawn.

Port Macquarie boasts a vibrant CBD with an exciting variety of shops, cafes, restaurants and pubs. For those with a leaning toward culture and the arts, the region has a wide array of options for your enjoyment including theatre, cinema, art galleries, dance and live music. Nearby wineries enjoy well deserved reputations for excellence.

Within an easy commuting distance from Port Macquarie are a number of idyllic villages, from coastal towns to rural hamlets. Excellent education and recreation facilities, combined with all the benefits of a healthy lifestyle make this region one of the fastest growing in the State.



Health  
Mid North Coast  
Local Health District





# Overview of Facilities

## Port Macquarie Base Hospital

PMBH is part of the Mid North Coast Local Health District and was originally commissioned in November 1994. It is a 228 bed facility that provides base hospital services for the growing communities of Port Macquarie, the Hastings and Macleay Valleys.

Port Macquarie Base Hospital facilities include:

- 24 Hour Emergency services
- 4 Operating Theatres
- 3 Birthing Rooms
- Rehabilitation facilities, including a Hydrotherapy Pool
- On-site facilities:
- Pharmacy
- Pathology
- Medical Imaging
- Cardiac Cath Lab
- Day Hospital and Allied Health Services
- Rotary Lodge
- Pre-Admission Clinic
- Day Procedures
- Acute Care Centre
- Community Mental Health Service
- North Coast Cancer Institute
- Breast Screen NSW
- University of NSW
- Staff Cafeteria


### Wards:

1A  
1B  
1C  
2A  
2BP  
2BS  
2C  
ICU  
ED  
MAU  
in Ward 1C  
AGEM  
CCU  
Assessment Unit  
3D

Psychiatric Unit  
Medical/Rehabilitation/Stroke  
Medical/Palliative  
Obstetrics/Special Care Nursery  
Paediatric/Adolescent Unit  
Short Stay Surgical Ward  
Surgical/Orthopaedics  
Intensive Care Unit  
Emergency Department  
Medical Assessment Unit – located  
in Ward 1B  
Coronary Care Unit/Coronary  
Assessment Unit – located in Ward 1C  
Medical Ward

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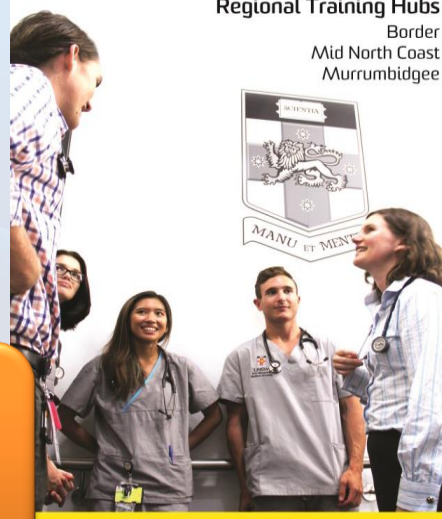



Australia's  
Global  
University

Medicine/Rural Clinical School/  
Career Planning and Pathway Support

**UNSW Rural Clinical School  
Regional Training Hubs**

Border  
Mid North Coast  
Murrumbidgee



Investing in YOU for the long term.

UNSW Regional Training Hubs are supported by funding from the Australian Government Department of Health



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# Overview of Facilities

## Kempsey District Hospital

The Kempsey District Hospital is a 81 bed level 3 facility with a level 4 Emergency department.

The Kempsey District Hospital provides a 24 hour Emergency Department (ED) and a range of specialist services including, close observation unit, general medicine, surgical day procedures, obstetrics, drug and alcohol, mental health, renal dialysis and rehabilitation.

Additional services include physiotherapy, dietetics, social work, pharmacy, occupational therapy and Aboriginal health. Diagnostic services include onsite Pathology, CT Scans, Ultrasound and General X-Ray.



## Wauchope District Memorial Hospital

Wauchope District Memorial Hospital provides a seven day per week Urgent Care Centre service between the hours of 8am and 6pm, and a range of specialist services, including day only surgery, palliative care, and rehabilitation.

Additional services include physiotherapy, occupational therapy, social work, pharmacy, and dietetics. Diagnostic services include Pathology and general X-Ray. The Wauchope Health Campus consists of Wauchope District Memorial Hospital and Wauchope Community Health Centre. Wauchope Hospital provides a 24-hour, level 3 service.



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**RURAL MEDICAL  
TRAINEE  
SCHOLARSHIP**

SUPPORTING NSW HEALTH  
MEDICAL TRAINEES WORKING  
IN RURAL OR REMOTE AREAS.



**METROPOLITAN  
ACCESS  
SCHOLARSHIP**

PGY2 Teaching Schedule

Supportive Senior Medical Staff

Culture

Teamwork

## Why choose Port Macquarie???

Access to Training Networks

Fabulous work/life balance

Future career opportunities

Ability to teach medical students

Focus on Wellbeing & Support

Mentors  
Paid for hours worked

### SPECIALTIES

- Cardiology
- Respiratory
- Gastroenterology
- Nephrology
- Immunology
- Endocrinology
- Emergency Medicine
- Haematology
- Medical Oncology
- Radiation Oncology
- Infectious Diseases
- General Surgery
- Vascular
- Urology
- Orthopedics
- Anaesthetics
- Intensive Care
- Obstetrics & Gynaecology
- Paediatrics
- Psychiatry
- Palliative Care
- Rehabilitation

### PGY1

- General Medicine
- General Surgery
- Emergency Medicine
- Psychiatry
- General Practice for RPR Interns only
- Orthopaedics
- Terms offered by Royal North Shore Hospital

### PGY2

- General Medicine
- General Surgery
- Emergency Medicine
- Psychiatry
- Orthopaedics
- Palliative Care
- Rehabilitation
- Paediatrics
- Obstetrics & Gynaecology
- ICU
- Terms offered by Royal North Shore Hospital

### PGY3+

- Emergency SRMO
- Emergency Advanced Trainee
- Emergency Provisional Fellow
- Critical Care Rotation (ED, ICU & Anaes)
- Anaesthetics
- Provisional Fellow Anaesthetics
- Basic Trainee ICU
- Unaccredited Trainee General Medicine
- Orthopaedic Provisional Fellow
- Rural General Paediatrics
- Rural Generalist Palliative Care

## TRAINING NETWORKS

Emergency Medicine Network 4  
Prevocational Training Network 5- PGY1 & PGY2  
East Coast Medical Network – BPTs  
Northern Surgical Skills Network  
Sydney Eye Hospital Ophthalmic Trainees

HETI Rural Generalist Program  
College Appointed Urology Trainees  
College Appointed Orthopaedic Trainees  
Paediatric Training Network



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## FAQS



**Will I get paid for overtime?**  
If you work overtime there is a process which ensures you are paid for hours worked

**Will I be rostered to work night shifts?**

You will not be rostered to work nights until you are a PGY2, shifts are in ED & ICU/Wards at PMBH

**Will there be support for planning my career?**

Heaps!!! We have supportive mentors, careers sessions & tips to prepare for recruitment

**Will I be rostered weekends?**

Yes approx. 2-3 per term, you can swap weekends with other JMOs

**Can I request terms at Royal North Shore Hospital?**

We have a wonderful relationship within Network 5 & there is an opportunity for you to request a term/s at RNSH as a PGY1 & PGY2

**Will I be allocated accommodation?**

You are required to find your own accommodation for your period of employment with MNCLHD

**Is there an RMOA?**

Yes, there is an active RMOA who meet with the JMO Unit weekly & are extremely social

**Can I apply for a job at PMBH when I finish my Prevocational Training?**

There are positions you can apply for as a PGY3 in ED, ICU, Medicine, Psychiatry & Paeds Rural Generalist

**Are there research/teaching opportunities?**

You can elect to teach UNSW Medical Students years 1-6  
PMBH has a research unit & each Dept. has opportunities for research/audits  
Mid North Coast Cancer Institute also has research opportunities  
As we are a teaching hospital there is plenty of teaching for you too!

