

JMO FORUM NSW:

FORUM 2 2021 HIGHLIGHTS

*Sharing innovations.
Empowering careers.*



HEALTH
EDUCATION
& TRAINING

CHAIR'S WELCOME DR. TAMBLYN DEVOY



We are now halfway past the starting mark of the Forum for the 2021 clinical year. It always fills me with a renewed sense of purpose and excitement after hearing of the great successes around the state - some are noted below.

Our second Forum for the year had a special focus on the JMO Recruitment Campaign for 2021 with special guests from the Ministry of Health explaining the strategy of this year's campaign. This session explored the analysis of last year's campaign and what key issues affected JMOs during what is a particularly stressful time of year for all applicants reapplying for jobs.

We also welcomed guests from the Health Education and Training Institute to explore the ways to improve online engagement in a time that is marked by the rapid move to video conferencing and digital representation. It was greatly appreciated by the Forum to have so many speakers give up their time to provide uptakes on key issues affecting JMOs in NSW and seeking our opinion on how to improve the systems that affect our education and training in the state.

Every year, the Forum and its members endorse a series of projects that are championed by some of our Forum Executive. This year we have 4 projects - one lead by me and the others by our Education and Training and JMO Welfare Executives. The project I lead is reviewing the recommendations by the Forum for the Unified Lecture Series which provides a structure and guidance for intern education sessions for PGY1 interns. The series is making good progress with aim to complete by Forum 3 of this year following a series of focus groups with key stakeholders.

Work begins now for developing the 3rd Forum of 2021 which will be the 3rd September 2021.

T. Devoy



DR. AMNA SAADI

EXECUTIVE, JMO WELFARE PORTFOLIO



The JMO Forum is always a highlight for me and a great chance to reconnect with my colleagues around the state. In particular, it was great to hear of some of the fantastic initiatives from the networks – Wollongong has started a JMO Quality Assurance & Patient Safety Committee which is aimed at having MOs engaged within their hospital system; Wagga Wagga has funded a point-of-care ultrasound machine which will allow MOs to facilitate peripheral cannulation with greater ease and improve skills of JMOs to ultimately.

During the Forum we had the pleasure of Dr. Aaron Tan who provided an update on the HETI Webinar Series. It was inspiring to hear him speak of the latest thoughts including the challenges and solutions of JMO education for an online platform. This talk was well supplemented by Dr. Simone Van Es' talk on how we can further embrace online platforms to better engage our audiences. If COVID-19 has taught us anything, it is the new skills and subtle etiquette of video conference calls and meetings.

DR. LISA MORGAN

EXECUTIVE, PREVOCATIONAL ACCREDITATION PORTFOLIO



And just like that, Forum 2 is done and dusted!

As always, the Forum was a great opportunity to troubleshoot issues, seek support and find perspective on a wide range of issues affecting JMOs around the state.

It was great to catch up with familiar faces and to hear how representatives from each of the networks have been progressing with new projects and initiatives. It was particularly encouraging to hear how the discussions from the last Forum have led to changes in policies and procedures within various hospitals.

At my home hospital, Port Macquarie Base, we are looking into incorporating a 'low page hour' - similar to those currently running at Coffs Harbour, Liverpool, Westmead and RPA. This initiative came directly from discussions held at Forum 1, and so it was a valuable opportunity to touch base with these JMOs as well as other reps also interested at introducing 'low page hour' within their networks.

The forum also sparked some interesting discussion on topics relating to prevocational accreditation. For example, shift starting times were a hot topic, with JMOs and HETI members taking part in engaging conversations regarding official versus 'unofficial or expected' start times within various rotations - and whether these are being approved as unrostered overtime. An issue that requires further consideration - watch this space!

DR. VINAY MURTHY

EXECUTIVE, JMO EDUCATION & TRAINING PORTFOLIO



Ingenuity, innovation and enthusiasm were in abundance at Forum 2. To hear of the successes of the various representatives as they worked within their local networks to enact changes that bettered the education and wellbeing of JMOs was nothing short of inspiring.

Beyond the work of the JMO Forum representatives, we were fortunate to hear from Dr Simone Van Es on the topic of Online Engagement. Increasingly we are required to deliver content that would have otherwise been provided in person, and this transition presents unique challenges. Dr Van Es presented several strategies that could be employed to help adapt to this transition and optimise education and training.

The team working on our emergency medicine education project welcomed some new members who had some insights into how the project could be most effectively executed. We have refocused and have developed a final survey tool that we will soon be sending out in the coming weeks.

The second project in the portfolio has been restructured to examine the term orientations and ROVER documents. The aim is to identify what constitutes an effective orientation process that will help to facilitate the transition from one term to another and importantly support junior doctors as they commence new rotations. This will involve evaluating ROVER documents state-wide to distill the key elements that junior doctors deem essential for an effective term guide.

We look forward to your input on emergency medicine education and term orientations – your perspectives are key to improving the education and training of current and future junior doctors.

DR. MATTHEW BOJANIC

EXECUTIVE, JMO WORKFORCE PORTFOLIO



Forum 2 provided a fantastic opportunity for all our members to share, and reflect upon, the challenges presented by their workplaces, as well as positive approaches to overcoming several universal issues facing JMOs.

The issue of heavy patient loads continues to impact JMOs across all our networks, especially those undertaking surgical rotations which generally experience high patient turnover. It was great however, to hear how some hospitals have implemented the use of ‘floater’ relief JMOs to offset some of the pressures faced by these teams to assist whilst awaiting more formal workforce redistribution. This included the employment of JMOs in afterhours shifts to take some of the burden of afternoon jobs and clinical reviews whilst allowing the teams to focus on discharges. I would strongly encourage any JMO struggling with a significant workload to reach out to myself, or their HETI representative, so that we can work with your network



to potential implement similar solutions (as well as help us identify common issues across networks that may be addressed at a higher level).

Another key topic of discussion to increase efficiency amongst JMOs was the use of paperless pathology orders for Add-On blood tests, as well as for those collected on routine morning blood rounds. Several hospitals still rely heavily on paper-based systems, which not only require JMOs to spend a large amount of time running back and forth around their hospitals but generates a significant amount of waste. If you're interested in seeing a change around your workplace, get in contact with your JMO Forum representatives, or email me. Collectively, we'll be able to work together to achieve some positive changes across the board.

There's always room to improve quality, safety and efficiency within the hospital environment. So, if you're facing any issues within your network, let us know, and we'll be happy to work with you to find a solution!

FORUM HIGHLIGHTS

RECYCLING IN YOUR HOSPITAL

DR. JACK ASHLEY (PGY2, RMO, NETWORK 13 - WESTMEAD HOSPITAL)

A project was run to establish paper and cardboard recycling in the new Westmead Hospital Emergency Department. This started with a survey in October 2020 to ED staff, with diverse responses from a range of disciplines and experience. The survey found that 90% of responders identified there were "many areas for improvement", with barriers to recycling including lack of access/availability of appropriate bins, lack of clear labelling on bins, lack of knowledge of product recyclability, and low priority in the ED environment. In response, recycling stations were set up consisting of 1 x recycling bin, 1 x general waste bin, 1 x confidentiality bin and 1 x clinical waste bin, each with new signage. This was piloted in two areas of the ED (Short Stay and Urgent Care), with a second survey done to collect feedback and suggestions for improvement, then a third station set up in the main acute area.

Going forward, plans would include implementing recycling stations in all areas of the ED and using the momentum from this project for future sustainability initiatives such as reusable paper cups and introducing plastic recycling.

Example of an ED recycling station with a clinical waste bin located around the corner



PAPER & CARDBOARD RECYCLING



Cardboard kidney dishes;
equipment packaging
paper backing



Thoroughly
contaminated



Confidential



RMOA-FUNDED ULTRASOUND MACHINE FOR PERIPHERAL INTRAVENOUS CANNULAS

DR. DIGBY ALLEN (NETWORK 10 REPRESENTATIVE - WAGGA WAGGA BASE HOSPITAL)

This initiative was designed and implemented by the outgoing RMOA executives after consultation with the JMO body and the Medical Administration Unit at Wagga Wagga Base Hospital. The impetus for the change was delays in patient care (antibiotic, fluid and electrolyte administration) and interruption in medical officer workflow, notably the JMOs and the anaesthetic registrars required to gain difficult vascular access. The absence of a dedicated JMO ultrasound and formalised teaching created obstacles to utilising the critical care devices to place peripheral IVCs. The RMOA formulated a business case in collaboration with the DPET and DMS which addressed areas such as cost, revenue, projected benefits, risk mitigation and training/accreditation. The device was sourced with funds approved by the DPET and formalised training with an anaesthetic consultant was mandatory for using the device. Regular training sessions were coordinated by the medical administration unit to upskill interested JMO's and a logbook modelled on the Australasian Society for Ultrasound in Medicine requirements was implemented to monitor JMO competency, and ultimately accredit providers in ultrasound guided vascular access with a corresponding certificate made available on My Health Learning. There has been a very strong positive response to the initiative with oversubscribed training sessions and consistent safe use of the device on the wards. This initiative effectively improves patient care by enabling timeliness of treatment and facilitates upskilling within the local JMO cohort.



HETI JMO EDUCATION WEBINAR SERIES UPDATE

DR. AARON TAN (MEDICAL ADMINISTRATION TRAINEE - HETI)

The first session of the modified HETI JMO education webinar series for Term 2 was conducted on 13 April. The talks were reduced in frequency to once a month, with no recordings taken to encourage audience participation. Topics were based on the survey sent out previously. The first talk was on insulin management, and attendance was about 25 JMOs. It was well received by those who joined online, with much increased participation during the talk. The next session will be on choosing the right investigations. You will receive an email with the usual zoom link and more details once this is finalised. The education series will continue in this format for Term 2 and will evolve according to response and feedback for Term 3.



*Above - Representatives at the May Forum

JMO FORUM 3: 3RD SEPTEMBER 2021

If you would like to reach out to the NSW JMO Forum, a full list of representatives can be found on the HETI website at: <https://www.heti.nsw.gov.au/education-and-training/courses-and-programs/prevocational-education/jmo-forum>

Alternatively, you can contact us at: HETI-JMOFORUM@health.nsw.gov.au

