

# SENIOR EXECUTIVE FORUM REPORT



## NEW SCHOLARSHIPS FOR RURAL GENERALIST TRAINEES

Up to 50 scholarships worth \$3000 each are available to junior doctors embarking on careers as Rural Generalists in regional, rural and remote NSW.

The new scholarships announced by Health Minister Brad Hazzard in December 2019 will be awarded to junior doctors who start advanced skills training in the NSW Rural Generalist Medical Training Program (RGTP).

The RGTP, managed by the Health Education and Training Institute (HETI), provides trainees with advanced skills in the areas of anaesthetics, obstetrics, mental health, palliative care, emergency medicine and paediatrics. Locations offering trainee positions in 2020 include Wagga Wagga, Griffith, Orange, Dubbo, Bathurst, Coffs Harbour, Lismore and Grafton.

HETI's Chief Executive, Adjunct Professor Annette Solman, said HETI's Rural Generalist Medical Training Program, delivered in close partnership with NSW Health's Local Health Districts, plays a

key role in developing a medical workforce with advanced skills to service communities in rural and regional NSW.

"We welcome this initiative that will further encourage and support trainees to embark on fulfilling rural careers with exposure to a wide, varied and interesting range of clinical practice.

"Trainees that are accepted into and commence advanced skills training through our Rural Generalist Medical Training Program in 2020 will automatically receive the \$3000 scholarship. Those already recruited for 2020 will also receive the scholarship," she said.

Since its inception in 2013, close to 200 trainees have joined the RGTP with graduates and current trainees offering their advanced skills to rural communities across the state. Recruitment to the 2020 RGTP continues.

**[HETI.NSW.GOV.AU/RGTP](https://heti.nsw.gov.au/rgtp)**

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## RECORD NUMBER OF MEDICAL GRADUATES COMMENCE CAREERS IN NSW HEALTH



On 20 January, 1030 junior doctors saw the culmination of their efforts in medical school come to fruition as they started their medical careers in hospitals across NSW. This is the largest number of interns to commence in NSW public hospitals to date.

Included in these figures are 11 Aboriginal interns appointed through the Aboriginal Recruitment Pathway, 145 interns that will be based at rural hospitals across the state, as well as doctors working in part time and job share employment.

HETI will continue to fill intern vacancies through the nationally agreed Late Vacancy Management (LVM) Process until 27 March 2020. This process allows vacant positions to be filled more efficiently.

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## NSW JMO FORUM 2020



*Dr Ben Maudlin, Royal Prince Alfred Hospital, joins the JMO Forum as Chair in 2020.*

A new group of junior doctors will be selected over the coming month to represent their peers in the 2020 NSW JMO Forum. Junior doctor, Dr Ben Maudlin, in his second postgraduate year at Royal Prince Alfred Hospital will Chair the Forum, with an executive group of junior doctors to provide further leadership.

The JMO Forum ensures junior doctors have an opportunity to share innovations, work on projects, and discuss ideas relating to education, training and accreditation.

### JMO Forum dates for 2020 are:

- Friday 20 March
- Friday 22 May
- Friday 4 September
- Friday 27 November

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## INTERPROFESSIONAL WEBCAST: ASTHMA MANAGEMENT IN RURAL AND REMOTE AREAS

Three new interprofessional education webcasts for rural clinicians focusing on Asthma Management were hosted by HETI in December 2019.

Guest speaker Marg Gordon from National Asthma Council Australia presented evidence-based best practice in asthma management; explored practical strategies to assist participants to better understand the effects of asthma and how patients could take better control of their symptoms; and shared management principles that lead to breathing freely and living life fully.



*Guest speaker, Ms Marg Gordon, National Asthma Council Australia*

Over 300 clinicians and health professionals participated in the broadcast from across NSW, South Australia and the Northern Territory.

The webcast was designed to increase the competence and confidence of rural health care providers studying or working in all types of health services.

The next event in our Interprofessional Seminar Series will focus on Paediatric Asthma Management.

**When: 1-2pm, Thursday 26 March 2020**

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## MARRAMBIDYA - NSW HEALTH LEADERSHIP PROGRAM



Artwork by Indigenous Artist Luke Penrith to represent connections between the past, present and future.

One of HETI's largest cohorts has commenced the NSW Health Leadership Program, with 57 'change drivers' joining the program from across the Murrumbidgee Local Health District. Leadership, local Indigenous culture and Consumer participation are at the heart of the 10-month program that began in Wagga Wagga in October 2019.

In honour of the traditional custodians of the Murrumbidgee region, the program has been proudly re-named the Marrambidya Leadership Program and local Indigenous artist Luke Penrith was commissioned to create an artwork to further celebrate their culture. The artwork connects the past with the present and future. It features the Murrumbidgee and Murray rivers that serve as natural borders of the district and two Maliyan's (Wedge-tailed Eagles) that overlook and protect everyone between the two rivers.

The opening session of the program featured two consumers, including a mother of



Kylie shares her experience of how the compassion, kindness and person-centred care shown to her and her family by health professionals gave them confidence at a very stressful time.

two daughters who required urgent care and a long-term care resident. Both provided powerful insights into their personal experiences of person-centred care.

Increased interprofessional collaboration is also a key program objective, so a broad mix of staff from different professions and organisational levels and clinical and non-clinical roles are participants in the program. In addition to building capability in adaptive leadership and related concepts, participants will work collectively on strategic challenges that will support transformational change within their District. Murrumbidgee LHD Chief Executive and program sponsor Jill Ludford is a strong champion of the program.

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## JUMBUNNA WEBCAST - 'GROWING STRONG CHILDREN, FAMILIES AND COMMUNITIES'



From left: Maddison Mohan and Dr Elly Warren from Yerin, with HETI's Ebony Eulo.

HETI has held the second in its four part series of Jumbunna Sessions focused on social, emotional and physical health and wellbeing for Aboriginal children, families and communities. The series is underpinned by First 2000 days Framework (NSW Health 2019).

The Jumbunna session titled 'Growing Strong Children, Families and Communities' was held on 4 December 2019 and attracted 130 delegates via the eHealth platform Pexip.

The session featured an expert panel from Yerin (the Eleanor Duncan Aboriginal Medical Centre in Wyong NSW) made up of Maddison Mohan,

Aboriginal Health Worker/Social Worker, and Dr Elly Warren, General Practitioner/ Clinical Lead. The webcast focused on Adverse Childhood Events and the effects of such events on the developing brain and social, emotional health and physical wellbeing of children later in their lives.

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## **GROWING MENTAL HEALTH SKILLS IN 2020**

HETI's Mental Health Higher Education courses for Semester 1 will commence on 10 February 2020 and are open for new and continuing student enrolments.

Staff from a range of backgrounds in both mental health and the wider health services are encouraged to explore the courses and units that are designed to enhance their capabilities.

Flexibility is a hallmark of HETI's delivery. The courses can be studied as formal Award courses but they can also be taken in smaller pieces as professional development. Students can elect to enrol in units of study relating to particular topics of interest such as infant and perinatal mental health, child and adolescent mental health and older persons mental health.

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## **YASS RURAL MATERNITY CARE COURSE**

The Rural Mobile Simulation Centre visited Yass in December 2019 to deliver HETI's Rural Maternity Care Course to rural doctors, nurses and paramedics working in non-maternity services in rural NSW.

The two-day course aims to improve the outcomes for pregnant and birthing women, and their neonates. It develops skills, knowledge and confidence in providing care to women throughout their pregnancy. Learners participate in discussions and refresher lectures on maternal physiology, the care of the woman in labour, normal and complicated birth, neonatal resuscitation, and

complications throughout pregnancy. This is followed by skill stations and simulations to consolidate their knowledge and experience.

The course has now been delivered in six sites across rural NSW, in Bomaderry, Wagga Wagga, Coolamon, Milton, Bellingen and Yass with a combined attendance of 83 interprofessional health participants. A further five courses are planned for 2020 in Southern NSW, Mid North Coast and Murrumbidgee Local Health Districts.

This is an accredited continuing professional development activity with the Royal Australian College of General Practitioners (RACGP), Australian College of Rural and Remote Medicine (ACRRM) and the Australian College of Nursing.

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## **DIAGNOSTIC IMAGING MEDICAL PHYSICS (DIMP) TRAINING PROGRAM**

HETI's education series on Diagnostic Imaging Medical Physics continues in 2020. The series has been developed by Medical Physicists for Medical Physics Specialists and Medical Physics Registrars undertaking the ACPSEM DIMP Training Education and Assessment Program (TEAP). Some workshops are also open to Nuclear Medicine and Radiology Medical Registrars and health professionals that have an interest in medical imaging and radiation protection.

- **Workshop #8**  
Developing Shielding Plans  
30 January 2020  
For Medical Physics Registrars and Specialists

- **Workshop #9**  
An Introduction to the Physics of Magnetic Resonance Imaging (MRI)  
26 February to 1 March 2020.

To register interest please contact Dr William Ryder.

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## INTERPROFESSIONAL GUARDIANSHIP TRAINING

Ongoing face-to-face guardianship training is available to support the implementation of the NSW state-wide Guardianship Practice Guidelines which aim to improve the process for patients within NSW Health facilities. This training includes Guardianship guidelines; determining if a guardianship application is needed; tools and templates to assist with applications.

The next sessions are scheduled:

- **Port Kembla Hospital** (in-person and video conferencing options available)  
Illawarra Shoalhaven Local Health District  
Wednesday 12 February 2020

- **Moruya Hospital**  
Southern NSW Local Health District  
Tuesday 17 March 2020

- **Queanbeyan Hospital**  
Southern NSW Local Health District  
Wednesday 18 March 2020

Registration is via self-enrolment in My Health Learning, simply search 'Guardianship Guidelines Implementation Workshop'.

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## MY HEALTH LEARNING

New and revised resources:



Title	Course code
<a href="#">Smoking Cessation in Cancer Services</a>	269541787
<a href="#">Minute Taking</a>	276302113
<a href="#">Preventing and managing glucocorticoid induced hyperglycaemia</a>	275744015
<a href="#">Managing blood glucose levels in the perioperative period</a>	275744325
<a href="#">Non-insulin agents in a hospital setting</a>	275744506
<a href="#">Perform better at interview</a>	276239166

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[myhealthlearning.health.nsw.gov.au](https://myhealthlearning.health.nsw.gov.au)

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