

# How can you support the health and wellbeing of children in the first 2000 days?

From conception to age 5, what happens to children in the first 2000 days has been shown to have significant impact throughout life. It's a critical time for physical, cognitive, social and emotional health. 90% of a child's brain structure is developed during this time.

This module is for all health professionals who work directly with children and families during the first 2000 days to help you:

- use current evidence and strategies to work collaboratively with children and their families to promote health, wellbeing, capacity, and resilience during the first 2000 days
- identify available pathways for additional services and specialised care when required by children and their families.

Our collective efforts to promote the health, wellbeing, capacity and resilience of children and families during the first 2000 days can give children the best start possible.



**Support better outcomes for children and families.  
Complete your training now.**

Search for **The First 2000 Days**

Course Code: 372863564