

Aboriginal Allied Health Network Forum

Artwork created by Woopaburra & Kuku Yalanji Artist, Leona McGrath



Wellbeing Immersion and Cultural Connections

Kirribilli Club on the land of Cammeraygal people of the Eora nation, Sydney.

Facilitated by Justin Noel, Origin Communications Australia

Date: Wednesday 12 June 2024

Start: between 9 – 9:30am

Close: 4pm A.E.S.T.

Location: Kirribilli Club, 11 Harbourview Crescent, Lavender Bay NSW 2060

Who is this forum for?

This forum is for the NSW Health Aboriginal [allied health](#) workforce including allied health professionals, assistants, technicians, and cadets.

Aboriginal mental health trainees/clinicians (graduates of the Djirruwang program) currently employed within NSW Health are welcome to attend as part of the IAHA partnership agreement.

Forum purpose

A place for culturally safe peer networking, support, information exchange, leadership, and professional development.

How to participate?

The forum is a face-to-face event only to support peer networking and participation. Limited support for travel and accommodation is available via an Expression of Interest (EOI).

Enquiries

Daniella.Pfeiffer@health.nsw.gov.au

P: 0437 650 501

Kylie.Sands@health.nsw.gov.au

P: 02 6369 8585

Forum Program

TIME	SESSION
9am - 9:30am	Relaxed forum opening Networking and light refreshments
9:30am - 10am	Forum Open, Welcome to Country
10am – 10:30am	Network Partner Presentations
10:30am	Morning Tea
11am – 1pm	Aboriginal Cultural Wellbeing and Wellness Workshop Facilitators Danielle Cameron and Nakkari Smith We Al-li trained counsellors, BlackBirds Culture
1pm – 1:45pm	Networking Lunch
1:45pm – 3:45pm	Aboriginal Art Culture Workshop Jason Douglas, Dalmarri
3:45pm – 4pm	Reflection/wrap up /close

**Please note the forum program may be subject to change.*

Forum focus

The forum will provide members an opportunity to connect and reflect through a culturally informed process, Dadirri (inner deep listening and quiet still awareness). Through participating in an Aboriginal mindfulness and wellbeing immersion workshop, you will have the opportunity to develop a deeper understanding of yourself, your relationships, and interactions with others and how this can be applied to building effective relationships, both personally and professionally.

An enriching cultural art activity will be facilitated by Jason from Dalmarri, including connection to Country, local histories, storytelling, and the power of Aboriginal art.

The forum held at the Kirribilli Club on the land of Cammeraygal people of the Eora nation. Offering a versatile space to network, participate in enriching cultural activities and build connection with allied health peers.

Aboriginal wellbeing facilitators will be onsite throughout the day to provide culturally safe personal support.

About the venue

The [Kirribilli Club](#) offers spectacular views over North Sydney and has a parkland area across road. Depending on weather, this may be used as outdoor space on the day.

How to get to the venue

The facility is situated in a central location at North Sydney. The following transport options are available:

- Car – Parking available for patrons (\$24) there is limited street parking
- Public transport – close to Milsons Point train station (7 mins walk)
- Flights - for participants who are travelling longer distances to the event location, transportation will be made available from Sydney accommodation (located near the Airport).



Travel and Accommodation support

Travel support is limited. To be eligible for travel support, attendees must reside/work more than 1.5 hours from the event location. EOIs will be considered on a case-by-case basis in relation to allocated funding and is at the discretion of HETI. Consideration will also be given to the number of EOIs received from each organisation and, where necessary, the organisation's Director of Allied Health or the Ministry of Health will be consulted. Successful applicants will be supported with travel support needs.

For this forum, examples of travel support could include overnight accommodation if driving longer distances from outside the Sydney metropolitan areas, or flights and accommodation and shared transfers if traveling from rural and regional NSW. HETI will book all travel arrangements.

You will need to:

- Gain approval from your manager to undertake travel and attendance
- Complete an EOI [Travel Application Form](#).

For questions about travel and accommodation support please contact Kylie Sands Kylie.Sands@health.nsw.gov.au.

How to enrol

1. Current members of the Aboriginal Allied Health Network can register attendance directly in [My Health Learning \(MHL\)](#) Course Code 526882582. If travel is required, please fill out the EOI form by COB 24 May 2024 (for travel information please contact Kylie.Sands@health.nsw.gov.au).
2. For NSW Health Aboriginal staff who are allied health professionals, seeking to join the Network and attend please contact Daniella.Pfeiffer@health.nsw.gov.au or Mary.Jackson@health.nsw.gov.au.