

SENIOR EXECUTIVE FORUM REPORT



Scholarships are available for staff to enrol in units of HETI Higher Education's Graduate Certificate of Applied Mental Health Studies with specialisation in the Older Persons' lifespan.

OLDER PEOPLE'S MENTAL HEALTH (OPMH) SCHOLARSHIPS

The scholarships are designed to build Older People's Mental Health workforce capacity and capability across NSW. They support the implementation of the NSW Strategic Framework and Workforce Plan for Mental Health, 2018-2022 and NSW Older Persons Mental Health Service Plan 2017-2027.

HETI is pleased to advise of the opening of the Older People's Mental Health (OPMH) scholarships that will support health professionals, peer workers and managers in NSW Health providing mental health services for older people and their families/ carers. These scholarships have been funded by the Mental Health Branch of the NSW Ministry of Health.

Scholarships up to the value of \$6800 are available for staff to enrol in units of HETI Higher Education's Graduate Certificate of Applied Mental Health Studies with specialisation in the Older Persons' lifespan. The scholarships are for Semester 2, 2020 and Semester 1, 2021. Graduate Certificate units are practically oriented. They present great opportunities to connect with other health professionals and participate in streamed teaching sessions run by experts in the older persons field.

Visit OPMH Scholarships to see the details.

<https://www.heti.nsw.gov.au/Placements-Scholarships-Grants/scholarships-and-grants/older-peoples-mental-health-services-scholarships>

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DELEGATION WITH ALLIED HEALTH ASSISTANTS

The face-to-face training on "Delegation with Allied Health Assistants" (course code: 302747278) has been adapted for virtual delivery. The training is now LIVE in My Health Learning as a self-enrolment module to all NSW Health staff. Staff can access and complete the course on an on-demand basis in My Health Learning.

This training covers how to delegate effectively to Allied Health Assistants to ensure excellent and safe patient care. Delegation is a skill area that is new to many Allied Health Professionals.

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NSW RURAL GENERALIST MEDICAL TRAINING PROGRAM - 2020 FOUNDATION YEAR COHORT WEBINARS



Dr Louise Baker recently facilitated a series of interactive virtual education sessions about the NSW Rural Generalist Medical Training Program for the 2020 Foundation Year cohort.

Dr Louise Baker, State-wide Director of Training for the NSW Rural Generalist Medical and General Practitioner Procedural Training Programs, recently facilitated a series of interactive virtual education sessions for the 2020 Foundation Year cohort, covering important information about the NSW Rural Generalist Medical Training Program and each advanced skill training pathway. These sessions provided an opportunity for participants to ask questions about the program, clarify eligibility and expectations and differentiate between the seven advanced skills training areas.

Attendees were able to hear first-hand from current participants or recent graduates and Local Health District supervisors in each specialty. This program is an important part of encouraging the development of our rural medical workforce and supporting access to medical services in rural areas.

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LEADING IN UNCERTAIN TIMES

Leadership continues to be a critical component across our healthcare system. However, during times of prolonged uncertainty, leadership is further presumed upon to sustain our teams, organisations and ongoing excellence in patient care. HETI's latest resources draw from local and international expertise to explore how leaders are 'being' and what leaders are 'doing' during times of extended ambiguity. This notion of 'Leadership'

includes both those in formal positions of leadership providing direction, purpose and meaning as well as all those that practice leadership every day in our hospitals, clinics and corporate settings.

Our 'being' - the way each of us chooses to 'show up' - influences the space in which we reside; in times of uncertainty, exercising leadership involves taking a moment to intentionally draw on inner courage and maintain an internal calm as we grow more comfortable with feeling uncomfortable. The practice of Adaptive Leadership also encourages taking a broader perspective and 'stepping out on the balcony', understanding that the current situation will pass and looking for what might be emerging beyond. Choosing to hold this steadiness will instil a sense of calm, assisting in staying the unsettledness of disruption.

Leaders are also consciously 'doing' certain activities to support peers, teams and patients through the ambiguity; research indicates that communicating regularly and openly with colleagues fosters a culture of trust and belonging. Leadership also includes demonstrating compassion by showing empathy; acknowledging and understanding the varied responses to the uncertainty. Finally, leadership involves making considered yet timely decisions, knowing when to be decisive and when to collaborate - drawing on the collective intelligence of those around us.

Leadership is an activity owned by all, at each level across NSW Health, as we support each other, our patients and communities in navigating this unfamiliar terrain.

Leading in Uncertain Times resources, and other COVID-19 support related resources can be found at:

<https://www.heti.nsw.gov.au/resources-and-links/covid-19/leading-in-uncertain-times>

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MY HEALTH LEARNING

New and revised resources:



Title	Course code
Continuous subcutaneous infusions for Nurses	304102972
Continuous subcutaneous insulin infusion for Medical Officers	304105796
Delegation with Allied Health Assistants	302747278
eMeds Documenting Allergies	131154029
eMR End of Life Care	306394232
Fetal Safety Team Training - Resources for Instructors	305173746
Go4Fun	290520953
Patient Controlled Analgesia (PCA) for Adults	293942081

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myhealthlearning.health.nsw.gov.au

WHERE INNOVATION DRIVES EXCELLENCE
IN EDUCATION AND TRAINING FOR
IMPROVED HEALTH OUTCOMES