

Yarning about Quitting

The Yarning about Quitting module supports NSW Health staff to provide comprehensive, holistic smoking and vaping cessation support for Aboriginal families during pregnancy and beyond.



The module will build on your existing skills to have effective and culturally safe conversations to support smoking and vaping cessation in pregnancy. It also has a strong focus on communication skills, such as how to:

- Open a conversation about smoking and vaping
- Revisit the conversation over time (at other visits)
- Offer support and advice to help a woman make/sustain their quit attempts.

Search for Yarning About Quitting on
My Health Learning.

Course code 84056788