

SENIOR EXECUTIVE FORUM REPORT



Simple step-by-step instructions on how to safely put on and remove PPE

STEPS FOR SAFELY DONNING AND DOFFING PPE DURING THE COVID-19 PANDEMIC

Keeping staff and patients safe from the spread of infection is our highest priority. Personal protective equipment (PPE) needed when caring for patients who have or may have COVID-19 requires combining transmission-based precautions to give health workers the necessary protection.

The Clinical Excellence Commission has produced an online training module to provide health workers with clear and simple step-by-step instructions on how to safely put on and remove PPE when caring for patients with infections that are transmitted through more than one route, such as COVID-19. This requires combining transmission-based precautions in addition to using standard precautions. This short module consisting of two demonstration videos is available for all NSW Health staff via My Health Learning.

Follow the steps, stay safe.

Personal protective equipment for combined transmission-based precautions.

Course Code: 294450660

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ORTHOTICS AND PROSTHETICS TECHNICIANS TRAINING PATHWAY

The Orthotics and Prosthetics Technician Training Pathway is currently in development by HETI Allied Health in consultation with the Orthotics and Prosthetics industry as a non-accredited program. The training program is designed to provide technicians with the opportunity to learn and practise the fundamental knowledge and skills required to work within the Orthotist and Prosthetist (OP) sector. The program aims to develop technical staff by modelling best practice so students are competent and capable on course

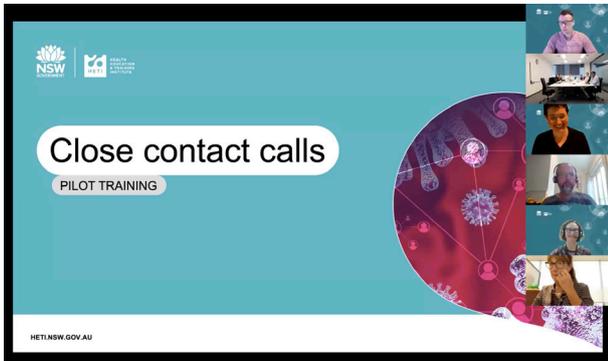
There are currently no accredited OP Technician training programs offered in Australia.

The structure of the program facilitates a learner's understanding of key areas and develops skills required to work within the sector safely and competently. There are multiple topic areas contained within the Pathway including: 8 Core, 2 Orthotics/Prosthetics Fundamental, 4 Advanced Orthotics, 6 Advanced Prosthetics and 2 Electives.

The pilot implementation of the Pathway has commenced with five technicians who are currently completing training and assessment in two of the topic areas within the Pathway structure – Healthy Body Systems, and Tools and Machinery. The pilot will be evaluated to inform the ongoing delivery of the Pathway.

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CLOSE CONTACT CALLS ONLINE TRAINING



Pilot training session with a team from the Australian Commission on Safety and Quality in Health Care.

HETI worked closely with the Centre for Population Health in early April to design rapid online training for new close contact teams required to undertake close contact calls as part of critical COVID-19 contact tracing.

The pilot training session was held with a team from the Australian Commission on Safety and Quality in Health Care. The training took the form of a virtual training session combining a range of interactive activities to onboard staff into this essential role.

The virtual training format was designed to maximise participant engagement and job readiness through real-to-life practice activities, group discussion, shared insights, and instructor feedback. Participants took part in online activities such as guided instruction on essential procedures, video/audio demonstration of the call process, break-out rooms to practise making a call, video insights from current teams, and system demonstration on how to use the Notifiable Conditions Information Management System (NCIMS) database to enter contact details.

The training provides HETI and NSW Health with an effective design template for adaptation of traditional face to face training to virtual delivery. Design of the training was undertaken in just seven days involving close partnership between the Ministry and HETI learning designers.

The online training program can be delivered to new contact call teams as needed. Recordings of the virtual session are also available in video format

and will soon be available as additional training and point-of-need resources for close contact teams via My Health Learning.

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MANAGEMENT OF LEARNING AT HETI HIGHER EDUCATION DURING THE PANDEMIC

The Higher Education team at HETI are pleased to advise our current students are now past the half way mark in the first semester of 2020 and have successfully worked through their studies as well as managing the additional demands and stressors that have been part of Health service delivery during the pandemic. A recent review showed there are as many students attending virtual lectures and workshops in the Psychiatric Medicine courses as there were previously from the combined face to face and virtual attendances.

HETI has been well placed to deliver its programs virtually due to its developed conferencing set up and learning management system capabilities. This year HETI has also introduced a new student management system that students will use from initial enrolment through to graduation. The team has been focused on supporting our students to succeed in their studies as this is core to how HETI operates. We are very aware of the additional demands and stressors across all sectors during the management of the COVID-19 pandemic.

Students have been provided with additional support through a standard two week assessment extension upon request, development of individual Student Support Plans that include adjusted submission dates to accommodate the challenges of the workplace, and increased support through our academic leads and a new tutorial support service. The tutorial support is being offered from a tutor with ESL expertise and in academic writing and this has resulted in even better engagement between the students and their units of study.

HETI will continue to work with its students in any way needed to support their progress through their studies now and going forward as the pandemic is managed.

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FOCUS ON ABORIGINAL MATERNAL HEALTH MATTERS

Life can change significantly during pregnancy and early parenthood, increasing the vulnerability for maternal mental health and wellbeing issues. Maternal mental health affects the whole family – mum, dad, baby, other children and extended family members, influencing maternal-infant attachment, breastfeeding, child development, relationships and other health and wellbeing outcomes. The Jumbunna series of webcasts delivered by HETI focuses on the social, emotional health and wellbeing for Aboriginal children, families and communities, underpinned by the First 2000 Days Framework (NSW Health 2019).

The Maternal Mental Matters webcast was delivered on the 22nd April with 154 people registering their interest to learn from a panel of experts. The panel included Aunty Vivian Caine, senior knowledge holder and Aboriginal health worker, Michelle Vincenzini, Aboriginal midwife working with the Ngilyang Aboriginal Pregnancy, Child Family Health Service and Dr Nicole Highet from the Centre of Perinatal Excellence. Guidance for health professionals on tools that can be used to assess maternal mental health was provided while Aunty Viv and Michelle shared cultural and maternal information to engage and provide support for new Aboriginal mothers.

When working with Aboriginal families, cultural identity and belonging are used as resilience tools to start the conversation. All health professionals have an important role in asking mums how they are really feeling, listening to what they are saying with their words and body language and offering safe, encouraging and caring pathways that support women to be strong and confident mothers.

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JUMBUNNA SESSION “PARENTING WITH INTERGENERATIONAL TRAUMA”

The final in a four part series of Jumbunna Sessions focusing on social, emotional health and wellbeing for Aboriginal children, families and communities was delivered on 20 May. During the early years of parenthood, increasing vulnerability for maternal mental health and wellbeing issues can arise for Aboriginal mothers and families. There is evidence which supports the strengths of Aboriginal culture in family functioning and raising children. Aboriginal child rearing practices are founded around the ‘Kinship system’, meaning Aboriginal people think of themselves in the context of their family and community (Yeo, 2003).

The webcast explored intergenerational trauma, parenting practices and culturally sensitive approaches to support and promote social & emotional wellbeing for parents, families and communities. HETI was delighted to host an expert panel featuring Dr Kerry Arabena and Jack Bulman at this event.

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SYSTEMATIC LITERATURE REVIEW SKILLS FOR CLINICIANS: FOR PUBLICATION, POLICY AND PRACTICE

The HETI Rural and Remote Rural Research Stream develops research education and research-related skills of rural health workers. Systematically conducted literature reviews can be used to substantiate or inform evidence-based practice, particularly in relation to rural health service delivery for which the evidence base can be limited. HETI has recently updated the Systematic Review Research education course to be self-directed, so it can be completed by NSW Health staff anywhere, anytime. HETI has collaborated with Hunter New England Local Health District Senior Librarians to record a 10-session course, which will be of interest to any ‘research-ready’ clinicians who want to brush up on their literature review skills. The course steps through the process from searching, screening,

data extraction and synthesis, through to writing up findings. The systematic review course provides skills development and resources that participants might need to prepare a manuscript for submission to a journal, or to inform health-related policy or evidence-based practice. The course is planned to go live in June 2020.

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APPLICATIONS OPEN TO FILL 1039 MEDICAL INTERN POSITIONS IN NSW FOR 2021

Local Health Districts (LHDs) have requested a new record of 1039 medical intern positions for the 2021 clinical year, an increase of 9 positions from the current year. This includes an increase of 2 positions in rural hospitals, bringing the number of rural home hospital positions up to 147.

Applications opened nationally on Monday 4 May 2020 and will close at 5pm Thursday 4 June 2020. HETI is expecting to receive close to 1600 applications.

HETI will manage the allocation process across four recruitment pathways – Aboriginal Medical Workforce Pathway, Rural Preferential Recruitment Pathway, Direct Regional Allocation Pathway and the Optimised Allocation Pathway. HETI will also support the Extenuating Circumstances process where applicants can seek consideration of personal circumstances in their allocation.

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WELLBEING RESOURCE: CARING FOR YOURSELF AND OTHERS DURING COVID-19

During this COVID-19 pandemic, care for ourselves as well as for patients, carers and peers/teams is a vital element to sustaining our health care environment. In addition to this is the driver to grow our capability in a digital age. In support of both these areas, HETI's new Rapid Response team has curated a section on the HETI internet site titled "Support During Covid-19".



Dr Murray Wright, Chief Psychiatrist for the Ministry of Health

Two major elements are addressed – one being “Wellbeing”, and the other “Virtual Environments”.

The Wellbeing site “Caring for yourself and others during COVID-19” includes a supportive message from Dr Murray Wright, Chief Psychiatrist for the Ministry of Health. Dr Wright acknowledges the impact the pandemic induced needs and responses are having on our NSW Health staff and encourages their self-care and care for others. There are differentiated sections on the site to help guide reading, with multiple links to information on key areas of interest and concern. A link to a new MyHealth Learning module, Tapping into Emotional Intelligence in Times of Stress, is also provided. The “Virtual Environments” section contains valuable information on facilitating in a virtual realm, including a new webinar, as well as practical issues related to virtual communication. For many staff, there has been a lot to understand from both a systems perspective and about virtual communication.

All NSW Health staff are warmly encouraged to access these materials and to share with colleagues.

The new sections on the HETI website can be found here: hetti.nsw.gov.au/supportresources

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MY HEALTH LEARNING

New and revised resources:



Title	Course code
Customer Service for Frontline Staff	285704940
Fetal Safety Education - Fetal Physiology 1 - Oxygenation and Fetal Heart Rate Control: Quiz	292160558
Fetal Safety Education - Fetal Physiology 2 - Mechanical and Hypoxic Stress and Fetal Heart Control	288222009
Fetal Safety Education - Fetal Physiology 2 - Mechanical and Hypoxic Stress and Fetal Heart Control: Quiz	292235780
Fetal Safety Education - Intrapartum Monitoring - Electronic Fetal Heart Rate Monitoring	288223119
Fetal Safety Education - Intrapartum Monitoring - Electronic Fetal Heart Rate Monitoring: Quiz	292253234
Fetal Safety Education - Intrapartum Monitoring - Intermittent Auscultation	288223869
Fetal Safety Education - Intrapartum Monitoring - Intermittent Auscultation: Quiz	292238111
Fetal Safety Education Team Training 1 - Workshop	292556323
Fetal Safety Education Team Training 2 - Workshop	292557527
Fetal Safety Education Team Training 3 - Workshop	292557889
Personal protective equipment for combined transmission-based precautions	294450660
Sustainability in healthcare	293942081
Tapping into Emotional Intelligence	301919328
Virtual Cardiorespiratory ICU Physiotherapy Training - Day 1	294525723
Virtual Cardiorespiratory ICU Physiotherapy Training - Day 2	294872490
Modules for Clinical Students (13 Mandatory Modules for Clinical Students)	HETI Moodle
Personal protective equipment - Modules for private hospitals/aged care workforce (3 modules)	HETI Moodle
Virtual Cardiorespiratory ICU Physiotherapy Training - Day 1	HETI Moodle
Virtual Cardiorespiratory ICU Physiotherapy Training - Day 1	HETI Moodle

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myhealthlearning.health.nsw.gov.au

WHERE INNOVATION DRIVES EXCELLENCE
IN EDUCATION AND TRAINING FOR
IMPROVED HEALTH OUTCOMES