



# Does the use of the pressure sore prediction score prompt nurses to initiate prevention strategies?



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The completion of a Pressure Sore Prediction Score (PSPS) risk assessment results in the identification of risk factors known to be associated with pressure ulcer development and influences the development of a preventative management plan. New South Wales Health has recommended, as part of the Pressure Ulcer Prevention Clinical Guidelines the use of the PSPS, as the tool of choice, across all care settings. The paper explores whether there is a link between performing a PSPS risk assessment and nurses initiating preventative strategies.

A retrospective study was undertaken to determine compliance with risk assessments and to identify patients who received interventions. A standardised protocol was used to collect data from 1141 medical records from three adult units in a regional hospital.

The results indicate no significant relationship between risk assessment and the initiation of preventative strategies.

*For the full report on this project visit our website, follow the link to the Rural Research Capacity Building Program and click on 'view completed projects'*

Karen is a Clinical Nurse Specialist based at Coffs Harbour Health Campus. Karen has recently been involved in a project aimed at reducing hospital admissions for residents of aged care facilities.



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