



## Recommended Learning Plan Resource for Aboriginal Maternal Infant Health Service (AMIHS) and Building Strong Foundations (BSF) Staff



The development of a staff member within the Aboriginal Maternal Infant Health Service (AMIHS) or Building Strong Foundations (BSF) network requires specific skills and knowledge that enable you to work with Aboriginal children, families and communities. This professional development aims to support you in providing culturally safe and effective Aboriginal maternal, child and family health services.

The Recommended Learning Plan Resource is a guide for your learning so that you can check your progress on the recommended learning pathway and plan your learning activities during the year. It is important to complete this Recommended Learning Plan Resource in partnership with your Line Manager. The Recommended Learning Plan Resource can be completed as a component of your Performance and Development Review if your manager agrees.

The Recommended Learning Plan Resource is a living document and as your role evolves with changes to required skills and knowledge, this will also change to demonstrate your increased skills and knowledge in your AMIHS or BSF role.

### **Instructions**

- To complete the plan, first read through the recommended learning list and tick the courses you have completed to date
- Next, review the remaining recommended learning you have not yet completed and select the programs/courses you would like to complete in the next time period (recommend 6 – 12 months planning)
- Write down these courses in the table on page 4 – My Learning Plan
- Review and add other courses that you may consider would support any gaps in your skills/knowledge
- Remember though, it is important to work on the Strengthening Foundations e-Learning pathway as a priority, more information can be found at <http://www.heti.nsw.gov.au/Rural-and-Remote/Training-and-support-unit-for-aboriginal-mothers-babies-and-children/Strengthening-Foundations/>
- The Resource has been developed collaboratively with the Office of Kids and Families, NSW Health.
- If you need any assistance or have questions about the Recommended Learning Plan Resource, please contact the HETI Training Support Unit for AMIHS and BSF Program Staff: [www.heti.nsw.gov.au/tsu](http://www.heti.nsw.gov.au/tsu)

Name: \_\_\_\_\_

Position: \_\_\_\_\_

Facility: \_\_\_\_\_

Dates for plan: From \_\_\_\_\_ to \_\_\_\_\_

**Table 1: Recommended Training Modules provided by the Training Support Unit and HETI**

<u>Module/Course</u>	<u>Training Type</u>	<u>Start Date</u>	<u>Completed Yes/No</u>	<u>Copy Of Certificate in PLP</u>
1. Strengthening Foundations Workshop – Face to face. To be completed as early as possible after commencing a position in a AMIHS or BSF Program, timing and attendance will depend on availability (TSU to coordinate and facilitate)	Highly Recommended (HR)			
2. Working with Aboriginal Mothers and Families eLearning Strengthening Foundation learning pathway (My Health Learning) Module 1	HR			
3. Emotional Health of Mothers & Children eLearning Strengthening Foundation learning pathway (My Health Learning) Module 2	HR			
4. Introduction to Motivational Interviewing eLearning Package (My Health Learning)	HR			
5. Motivational Interviewing: Building Skills eLearning Package (My Health Learning)	HR			
6. Yarning About Quitting eLearning Package (My Health Learning)	HR			
7. Health and Well Being During Pregnancy eLearning Strengthening Foundations learning pathway (My Health Learning) Module 3	HR			
8. Supporting Health Babies and Children eLearning Strengthening Foundations learning pathway (My Health Learning) Module 4	HR			

**Table 2: Other recommended training for your role (including mandatory training)**

<u>Topics/Modules</u>	<u>Training Type</u>	<u>Start Date</u>	<u>Completed Yes/No</u>	<u>Copy Of Certificate in PLP</u>
9. Aboriginal culture – Respecting the Difference eLearning package (My Health Learning)	Mandatory Training (MT)			
10. Aboriginal Culture – Face to face Respecting the Difference local LHD workshop	MT			
11. Supporting Families Early (SFE) online training (NSW Health) <a href="http://www1.health.nsw.gov.au/pds/ActivePDSDocuments/PD2010_016.pdf">http://www1.health.nsw.gov.au/pds/ActivePDSDocuments/PD2010_016.pdf</a>	HR for AHW* MT for Midwives/ CFHN** /Allied Health			
12. SAFE START Assessment online training (NSW Health) was released in 2010 and consists of two Policy Directives and one Guideline. PD2010_017 Maternal and Child Health Primary Health Care Policy, PD2010_016 SAFE START Strategic Policy and GL2010_004 SAFE START Guidelines: Improving Mental Health Outcomes for Parents and Infants. <a href="http://www.sfe.nswiop.nsw.edu.au/">http://www.sfe.nswiop.nsw.edu.au/</a>	HR for AHW* MT for Midwives/ CFHN** /Allied Health			
13. Child Protection – Online NSW Health Mandatory training (My Health Learning)	MT			
14. Child Protection – Aboriginal specific (ECAV)	HR			
15. Domestic Violence eLearning package (HETI online) 3 modules: <ul style="list-style-type: none"> <li>• Domestic and Family Violence Screening</li> <li>• Recognising Domestic and Family Violence</li> <li>• Surviving Domestic and Family Violence</li> </ul> <p>Policy Directive PD2006_084 Domestic Violence – Identifying and Responding <a href="http://www1.health.nsw.gov.au/pds/ActivePDSDocuments/PD2006_084.pdf">http://www1.health.nsw.gov.au/pds/ActivePDSDocuments/PD2006_084.pdf</a></p>	MT			
16. Family Partnership Training – Aims to help participants to determine and develop the core skills needed to establish a facilitative relationship with parents that will help parents to deal with the problems facing them and identify their strengths.  Provider information – <a href="http://tresilian.org.au">tresilian.org.au</a>	HR			
17. Case Management Skill Set (CHCSS00073) - providing effective input into inter-disciplinary training <a href="https://training.gov.au/Search/SearchOrganisation?nrtCodeTitle=CHCSS00073&amp;scopeItem=SkillSet&amp;tabIndex=1&amp;ImplicitNrtScope=True&amp;orgSearchByScopeSubmit=Search&amp;IncludeUnregisteredRtosForScopeSearch=False">https://training.gov.au/Search/SearchOrganisation?nrtCodeTitle=CHCSS00073&amp;scopeItem=SkillSet&amp;tabIndex=1&amp;ImplicitNrtScope=True&amp;orgSearchByScopeSubmit=Search&amp;IncludeUnregisteredRtosForScopeSearch=False</a>	HR			

18. MHPOD: Empowering Approach to Case Management – provides an overview of case management and briefly outlines some of the ways that case managers can conceptualise common practice dilemmas (My Health Learning)	HR			
19. Clinical Documentation – Getting It Right – Maintaining clinical documentation and data collection skills eLearning (My Health learning ) PD: Health Care Records – Documentation and Management. PD2012_069.This Policy replaces PD2005_004, PD2005_015 and PD2005_127. <a href="http://www1.health.nsw.gov.au/pds/ActivePDSDocuments/PD2012_069.pdf">http://www1.health.nsw.gov.au/pds/ActivePDSDocuments/PD2012_069.pdf</a>	MT			
20. Maintaining privacy and confidentiality in line with PD: Your Health Rights and Responsibilities PD2011_022 – eLearning (My Health Learning) <a href="http://www1.health.nsw.gov.au/pds/ActivePDSDocuments/PD2011_022.pdf">http://www1.health.nsw.gov.au/pds/ActivePDSDocuments/PD2011_022.pdf</a>	MT			

\* Aboriginal Health Worker

\*\* Child and Family Health Nurse

## My Learning Plan

Name: \_\_\_\_\_

My role: \_\_\_\_\_

Date:	My Goals:	Planned Activities to Achieve My Goals	Completion Date
Example: 2/11/15	To gain a better understanding of the effects of smoking on the baby during pregnancy.	Complete the <i>Health and Well Being During Pregnancy eLearning Strengthening Foundations learning pathway (My Health Learning) Module 3.</i>	18/12/15
2/11/15	To extend my knowledge in domestic violence screening techniques	Domestic and Family Violence Screening (My Health Learning)	1/12/15

Staff Member signature: \_\_\_\_\_ Date: \_\_\_\_\_

Manager's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

***For further assistance or questions, please contact:***

Web: <http://www.heti.nsw.gov.au/tsu>

Email: [TSUadmin@health.nsw.gov.au](mailto:TSUadmin@health.nsw.gov.au)