

# Rural Interprofessional Seminar Series

Supporting Health Education  
in Rural and Remote Areas



## Let's YARN about diabetes and how it affects your feet

**SESSION 4: TUESDAY 29 JUNE 2021, 2:00PM -3:30PM (AEST)**

### GUEST SPEAKERS

#### **ANNA CRAWFORD (PODIATRIST)**

Anna is the Co-ordinator of the RPA Diabetes Centre, High Risk Foot Service and a Wiradjuri woman. In 2015 she established the Western Sydney University podiatry student clinic at Tharawal Aboriginal Medical Service in South West Sydney. She also worked on the Wollondilly Diabetes Project, aiming to improve primary care practice in diabetes and diabetes complication management. Anna was the first Podiatrist to work in the multidisciplinary Metabolic Rehabilitation Service at Camden hospital which provided screening, education and management of foot pathology in morbidly obese patients with diabetes. She has a Bachelor of Applied Science (Podiatry) and postgraduate qualifications in Diabetes Education and Leadership and Management.



Charles has been involved in developing, delivering and supporting Aboriginal cultural initiatives, training, policy development and implementation to Government and Non-Government agencies and networks for more than 30 years.

As Manager of Aboriginal Workforce since 2006, Charles has been instrumental in the development, implementation and monitoring of Aboriginal Workforce and Cultural Training policies, resources, guidelines and frameworks that aim to improve recruitment processes, assist and define career pathways, provide a culturally safe work environment and support equity and equality for Aboriginal people in NSW Health. Charles is an advocate of social justice, reconciliation and equity and has made extensive contributions to Aboriginal and Torres Strait Islander health and education research, process, policy and practice.

Charles is committed to community development at local, state and national levels representing NSW Health at State and National government, agency and independent provider gatherings, meetings, conferences and community engagement forums. Charles has committed his adult life to advocating for social justice and recognition of Aboriginal people, empowering individuals and their communities to seek their voice, stand for what they know works and deliver to themselves what makes them strong, engaged and healthy.

#### **CHARLES DAVISON (HEALTHY DEADLY FEET (HDF) CO-CHAIR)**

Charles Davison is a Gadigal man, born on Country. Charles is Manager of the Aboriginal Workforce Unit, Workforce Planning & Development, NSW Ministry of Health.



**NICOLA CLEMENS  
(HDF CO-CHAIR)**

Nicola is the Acting Principal Allied Health Advisor in the Allied Health Unit, Workforce Planning and Talent Development branch of the NSW Ministry of Health. In her roles in the Allied Health Unit, she has collaborated with Aboriginal Workforce Unit on numerous state-wide workforce initiatives with the aim of growing and supporting the Aboriginal Allied Health Workforce.

Prior to working with the NSW Ministry of Health, she worked clinically as a speech pathologist in tertiary, metro and affiliate hospitals across Sydney, with a particular interest in acute, rehabilitation and palliative care for stroke and other neurological conditions. Nicola holds a Bachelor of Commerce and a Masters of Speech and Language Pathology. She is currently enrolled in a Masters of Public Health (University of NSW).

Nicola ran her first half marathon in 2020, now has just started training for her third half marathon which she hopes to complete later this year.



**DEBBIE BEAHAN  
(ABORIGINAL HEALTH  
PRACTITIONER IN HDF WNSW  
LHD)**

Debbie is a Wiradjuri woman who grew up in the small community of Albert in Central West NSW.

Deb works as an Aboriginal Health Practitioner for the Dubbo Diabetes Team, educating the Indigenous community on diabetes and promoting healthier lifestyles. Deb has worked for the Western NSW Local Health District (WNSW LHD) for 42 years starting her career as an Enrolled Nurse at Narromine Hospital.

Deb is dedicated to improving health outcomes for Aboriginal people with chronic diseases by improving communication and relationships between Aboriginal patients/clients and health professionals. To achieve this, Deb is actively involved in the Indigenous community through programs she co- coordinates such as the Wellness Exercise Program, Marang Dhali Cooking Program, Koori Yarning Group, Elders Clinic and Chronic Care Support Group and outreach foot clinic.

