

# SENIOR EXECUTIVE FORUM REPORT



*'SolidMOB for Our Health' exhibition stand at 2019 Congress.*

*Welcome address by  
HETI Chief Executive, Adjunct  
Professor Annette Solman.*



## RURAL HEALTH AND RESEARCH CONGRESS WRAPPED UP FOR 2019

The eighth Rural Health and Research Congress, with the theme of Connecting Communities, was held in Lismore in October. Keynote speakers covered topics as diverse as Aboriginal workforce, the consumer voice, the power of a conversation in supporting disadvantaged community members, integrated care, bio-banking and a panel discussion about climate and health. Over three days, 52 presentations, four workshops, four themed discussions and 12 poster presentations were delivered.

The Congress was attended by 251 delegates from rural Local Health Districts across the state. Eight Universities, non-government and professional organisations, NSW Health Pillars and the Ministry of Health were also in attendance representing academics, educators, researchers, managers and more. This year also saw university students volunteering at the event and assisting with session facilitation while gaining knowledge and inspiration as they begin their careers as rural health clinicians.

The Rural Congress also provided an opportunity for participants from the Rural Research Capacity Building Program to present their original

research and graduate from the Program. Special congratulations goes to the winner of the Best Report Award, Emily Farquhar from Murrumbidgee LHD for her research on Public/Private partnership models in physiotherapy.

Additional awards presented included:

- The ACI Innovation Awards for concurrent presentation awarded to Julie Sturgis from the North Coast Collective (PHN) for their work in 'Strong Partnerships, Better Investments and Better Lives'
- The NSW Rural Health Alliance Award for best concurrent research presentation awarded to Amelia Withers from Southern NSW LHD for 'Connecting communities better with ward based pharmacy technician model roll out'
- Judges' poster award to Mary Porter from HealthWISE for 'Aboriginal health access programs: Primary health and care and Integrated team care services'
- Peoples' choice Poster award to Kate Lupton from Hunter New England LHD for 'The HNELHD Allied Health Rural Reliever Program'

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## JUMBUNNA SESSIONS

Supporting Aboriginal Maternal, Child and Family Health

### GROWING STRONG CHILDREN, FAMILIES AND COMMUNITIES

The second in HETI's four part webcast series of Jumbunna Sessions focusing on social, emotional health and physical wellbeing for Aboriginal children, families and communities is scheduled for Wednesday 4 December. The series is underpinned by NSW Health's First 2000 days Framework.

NSW Health staff working with Aboriginal families and communities, or interested in learning more about supporting positive health outcomes for Aboriginal communities are invited to participate.

Join our panel discussion as we explore potential impacts of Adverse Childhood Events (ACEs) and the social, emotional and physical health and wellbeing outcomes associated with ACEs in later life.

#### PANEL MEMBERS:

- Dr Elly Warren – General Practitioner, Yerin Eleanor Duncan Aboriginal Health Centre
- Rubi Bourke – Aboriginal Health Worker, Yerin Eleanor Duncan Aboriginal Health Centre
- Maddison Mohan – Aboriginal Early Childhood Worker and Social Worker, Yerin Eleanor Duncan Aboriginal Health Centre.

#### Jumbunna Sessions - webcast

##### Growing Strong Children, Families and Communities

1 – 2pm (AEST), Wednesday 4 December 2019

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### ASTHMA EDUCATION IN RURAL AND REMOTE AREAS

HETI will host the first of three Interprofessional webcasts focusing on Asthma.

Rural clinicians and students are invited to this interprofessional seminar series designed to increase the competence and confidence of rural health care providers studying or working in all types of Health services. Marg Gordon, RN, Asthma and Respiratory Educator, National Asthma Council Australia, joins the webcast as guest speaker.

The webcast will cover current, evidence-based best practice in asthma management; explore practical strategies and evidence-based approaches to care; assist participants to better understand the effects of asthma and how to take control; and management principles that lead to breathing freely and living life fully.

#### Basic Asthma management update - Webcast

1 - 2pm (AEST), Thursday 12 December 2019

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### NEW PSYCHIATRY EXAM SUPPORT IN 2020

Many psychiatry trainees are now sitting the RANZCP MCQ exams after two years of training.

In 2020 HETI will introduce 40 new exam preparation teaching sessions at no extra cost for psychiatry trainees enrolled within HETI Higher Education's Psychiatric Medicine courses.

The 40 one-hour face-to-face sessions, with full web conferencing access, are scheduled across the first two years of courses with supporting online activities.

**For further details visit [heti.edu.au](http://heti.edu.au)**

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## GENERAL PRACTITIONER SCHOLARSHIPS FOR PSYCHIATRIC MEDICINE

HETI, on behalf of the Ministry of Health, will offer a number of scholarships for General Practitioners to study Psychiatric Medicine in 2020 through HETI Higher Education.

This innovative postgraduate course allows students to study alongside psychiatry registrars and apply the latest knowledge and perspectives to their practice. The course is accredited with RACGP and ACCRM with the flexibility of online and blended delivery.

Details and eligibility information can be found at [heti.nsw.gov.au/scholarships](http://heti.nsw.gov.au/scholarships)

Scholarship applications close on 24 January 2020.

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## NURSING SIMULATION MASTERCLASS DELIVERED IN WAGGA WAGGA



*Attendees of the Nursing Simulation Masterclass, Wagga Wagga*

HETI's Rural Mobile Simulation team, in conjunction with the Murrumbidgee LHD Nursing and Midwifery Directorate, have delivered the Nursing Simulation Masterclass to 21 nurse educators in late October in Wagga Wagga.

The Masterclass is a unique two-day course for current and aspiring nursing educators to learn more about incorporating simulation based education into their education program to build capacity and capability among their workforce.

Participants reported a very high level of satisfaction with the program and have returned to their workplaces with improved confidence, with new motivation and plans to incorporate simulation based education into their education programs.

*'It was a really great workshop and I feel I learnt a lot that will help me feel confident and comfortable to develop and run simulations at my site.'*

*Clinical Nurse Educator, Murrumbidgee LHD.*

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## EMERGENCY MASTERCLASS DELIVERED IN BATHURST



*Emergency Masterclass attendees participating in simulated scenario, Bathurst*

HETI's Rural Mobile Simulation team has delivered its popular Emergency Masterclass at Bathurst Base Hospital in early November. Sixteen medical, nursing and paramedical clinicians had the opportunity to develop their skills, knowledge and confidence in the care of critically ill and injured patients presenting to rural NSW Health facilities.

A key aspect of the Emergency Masterclass is to foster interprofessional education and training amongst rural doctors, nurses and paramedics. Particular focus is placed on the attainment and development of technical skills required in the care of critically ill patients as well as the non-technical elements of care including teamwork, communication, and crisis management.

Participants continue to provide highly positive feedback on the Emergency Masterclass with enrolments in high demand.

This is an accredited continuing professional development activity with the Royal Australian College of General Practitioners (RACGP), Australian College of Rural and Remote Medicine (ACRRM) and the Australian College of Nursing.

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## NATIONAL QUALIFICATIONS FOR NSW HEALTH'S NEXT GENERATION OF LEADERS



*Diploma of Leadership and Management graduates from across NSW Health receive their awards.*

Twenty two participants from 16 NSW Health Organisations have graduated with a Diploma of Leadership and Management. This nationally recognised Diploma is provided through the NSW Health RTO and delivered by HETI.

Certificates were awarded by Adjunct Professor Annette Solman, Chief Executive of HETI and Chief Executive Officer of the NSW Health RTO at a ceremony in Campbelltown.

At the ceremony, graduates also heard from speakers Amanda Larkin, Chief Executive South Western Sydney Local Health District, and Alison Derrett, General Manager Camden and Campbelltown Hospitals, who shared their leadership insights into the opportunities of South West Sydney LHD's redevelopment.

The qualification is undertaken as Year One of the two-year Next Generation of Leaders and Managers within NSW Health Program.

These emerging leaders have demonstrated innovative ideas, critical thinking and collaboration while undertaking the Diploma of Leadership and Management. Now, as part of Year Two of the Program, they will apply newly developed skills, knowledge and experience in their workplaces to realise organisational change and improve service delivery within NSW Health.

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## AN EMERGING LEADER MAKING GLOBAL IMPACT

A Next Generation of Leaders and Managers within NSW Health Program participant, Ms Cara Peresson from NSW Ambulance, has recently had her work catapulted onto the global stage, leading to a fast-tracking of her management progression.

As part of the Program, participants complete a work placement as well as a six-month Business Improvement Project (BIP) to gain practical leadership experience in implementing real-life organisational change.

Cara undertook her placement at the Council of Ambulance Authorities (CAA), the Australian partner to Global Resuscitation Alliance (GRA). GRA has developed a 10 Steps Program, which aims to improve out-of-hospital cardiac arrest survival by 50% by 2020.

Cara's BIP identified a way to contribute to Step 3 of that program; the implementation of High Performance CPR (HPCPR) training in NSW Ambulance.

During her placement, Cara joined a group of seven paramedics from across Australia to develop the implementation plan for HPCPR training across Australian Ambulance services.



*Cara Peresson, far right, with HPCPR development group at the CAA Conference.*

Her contribution has enabled HPCPR training to be scheduled for roll out across NSW Ambulance in January 2020.

At the annual CAA conference in Perth in August, Cara and her group (pictured) led a 3-hour HPCPR training workshop with 60 delegates from Asia.

They were subsequently invited to Asia and the United States to conduct further presentations.

She was thrilled at how this one initiative could open the door to so many opportunities.

Cara has reassessed her own pathway to management and has since made a strategic move to a new position within NSW Ambulance, fast-tracking her management progression trajectory.

Had it not been for the experience provided by the Next Generation Program, she says, this step may have taken her another five years to realise.

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## **NSW NURSING AND MIDWIFERY GRADUATE CERTIFICATE COURSES**

The Nursing and Midwifery Education Scholarship Program is now open for candidate applications via the offices of NSW Health's Executive Directors of Nursing and Midwifery within LHDs and SHNs.

The NSW Health funded courses available for this round include the following:

- Acute Care
- Child and Family Health
- Drug and Alcohol
- Aged Care
- Neonatal Care, and
- Critical Care.

Successful candidates will commence their studies in Term 1, 2020.

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## **2020 POSTGRADUATE SCHOLARSHIPS FOR NURSES AND MIDWIVES**

Scholarships of up to \$8,000 are available to registered nurses and midwives who are working in full or part-time permanent positions in the NSW public health system.

These scholarships are awarded through a competitive selection process and are provided to assist with educational expenses directly associated with postgraduate study.

Scholarships are offered in the categories of clinical studies; education; management; and postgraduate study leading to registration as a midwife.

Scholarships are awarded toward the cost of courses at the following levels: Graduate Certificate \$3000, Graduate Diploma \$6000 and Masters \$8000.

Mental health and drug and alcohol postgraduate scholarships are funded via a partnership between the Mental Health Branch and the Nursing and Midwifery Office.

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## MY HEALTH LEARNING

### New and revised resources:



Title	Course code
7th Annual Aged Care Collaborative Forum - Older People Matter - Classroom	269541787
An Introduction to Health Program Evaluation	257701682
Antenatal Pertussis Vaccination Program - Rebuild	265296590
Delirium Care	266621954
Emotional Intelligence - Rebuild	93450040
Exploring Education Delivery Methods - Rebuild	108075755
Health Program Evaluation in Practice	257702404
Introduction to the eMR for Medical Students	266237812
Partnering with Carers	58522287
Person Centred Care - Rebuild	43392513
Safe Use of Opioids	267525641
Security - Rebuild	40022237
SMR Service Smart View Finance - Rebuild	111626287
Weight4KIDS - Adolescent Module - Rebuild	179056801
Weight4KIDS - Core Module - Rebuild	179056869
Weight4KIDS - Endocrine Module - Rebuild	179056898
Weight4KIDS - General Medical Module - Rebuild	179056964
Weight4KIDS - Measurements Module - Rebuild	179057057
Weight4KIDS - Nutrition Module - Rebuild	179057067
Weight4KIDS - Orthopaedic Module - Rebuild	179057369
Weight4KIDS - Physical Activity Module - Rebuild	179057496
Weight4KIDS - Practical Interventions Module - Rebuild	179057800
Weight4KIDS - Psychosocial Module - Rebuild	179058101
Weight4KIDS - Sleep Module - Rebuild	179058157

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[myhealthlearning.health.nsw.gov.au](http://myhealthlearning.health.nsw.gov.au)

WHERE INNOVATION DRIVES EXCELLENCE  
IN EDUCATION AND TRAINING FOR  
IMPROVED HEALTH OUTCOMES