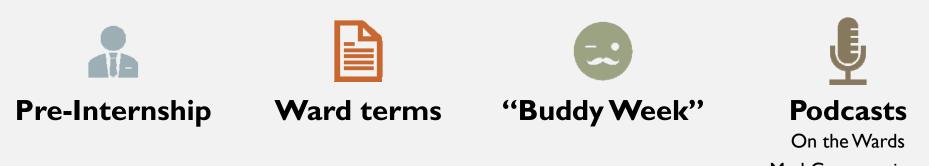
# EVALUATING 'JUNIOR DOCS': A PODCAST THAT AIMS TO EASE THE TRANSITION FROM MEDICAL STUDENT TO JUNIOR DOCTOR

Dr Brian Lam and Dr Dushyant lyer

## THE TRANSITION

Medical school	Internship
Clinical Medicine Clinical examination skills Practical skills Procedures Some paperwork	Discharge summaries Liaising with allied health Preparing for a ward round Chasing paperwork Time management Practical skills

## HOW DO WE PREPARE FOR THIS?



Med Conversations Humerous Hacks

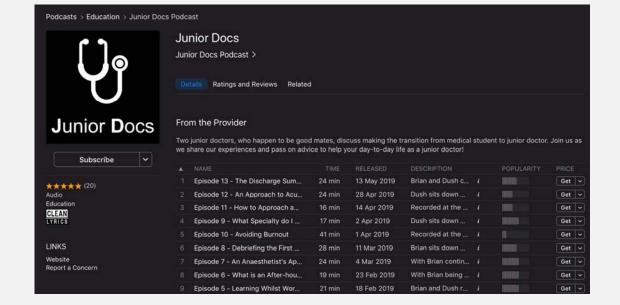
## JUNIOR DOCS



- Run by two junior doctors
- Draws on personal experiences, experiences of peers and requests from listeners
- Examples of content to date:
  - "Internship 101"
  - "Making effective consults"
  - "The After Hours Shift"
  - "The Post Take Day"
  - "What specialty do I choose"
  - "Avoiding Burnout"

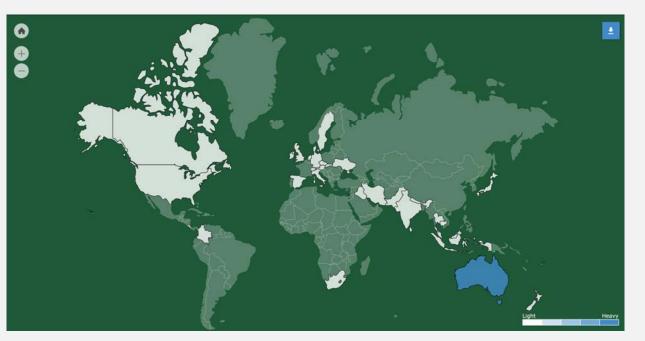
#### REACH





## REACH

Name	Downloads
Australia	2,763
United States	158
United Kingdom	90
Ireland	33
New Zealand	31



#### IS IT USEFUL?

- Small survey of our listeners:
  - Majority of listeners are JMOs in NSW
  - Content was reported as being of "relevant or highly relevant" and "delivered in an engaging format"

## WHERE TO FROM HERE

- Survey asked for more content centered around:
  - How to manage clinical reviews (74%)
  - Getting into specialty training (74%)
- Continue to create JMO related content that aids in the soft and hard skills of being a JMO in the health system